

Shabbat Candle Lighting times	
DECEMBER 18	4:03 PM
DECEMBER 25	4:07 PM
JANUARY 1	4:12 PM
JANUARY 8	4:19 PM
JANUARY 15	4:28 PM
JANUARY 22	4:37 PM

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THE OTTAWA JEWISH

Bulletin



DECEMBER 14, 1998

VOLUME 63, NUMBER 6

KISLEV 25, 5759

Bess Greenberg presented with key

Seniors' home is officially renamed The Bess and Moe Greenberg Family Hillel Lodge

By Cynthia Nyman Engel

As the newly elected president of the Auxiliary of Hillel Lodge, Elissa Iny was uniquely positioned to laud her mother in public recently.

Her heartfelt remarks followed the official renaming of Hillel Lodge to 'The Bess and Moe Greenberg Family Hillel Lodge'. The ceremony, which took place at the present location of the Lodge at 125 Wurtemberg, was the highlight of the Auxiliary's Annual Fall Tea held on November 8.

Speaking on behalf of her sisters and their families, Elissa told her mother, "Laya, Syrrille and I thank you for giving

us the tangible opportunity to honor our father and our family in this wonderful community of ours.

"My mother was left a young widow with three children," she told residents and an unprecedented 150 attendees to the event. "She always had a positive attitude and she passed that attitude on to us. She also had a strong Jewish background which, too, she passed on to us.

"And," Elissa added, "my mother loves this community very much."

In making the formal announcement, Community Capital Campaign Chair Roger Greenberg presented Mrs. Green-

(Continued on page 11)

Community comes together for Ner Tamid Festival of the Arts

By Estelle Melzer

The Rose and Joseph Ages Family Building literally pulsed with people on the weekend of November 21 and 22. Teens, seniors, young families pushing strollers, swarms of children, old friends, familiar faces and new faces — lots of new faces. Every corner of the building reverberated with music, color, laughter, and chatting. It was a community happening and it was magical.

The magnet which had drawn everyone together was the Soloway Jewish Community Centre's new Ner Tamid Festival of the Arts.

The festival opened to the sound of laughter on Saturday night with the Rabbi Bob Alper Comedy Show. Rabbi Bob regaled a full house with a polished and highly

entertaining stand-up comedy performance, poking fun at the follies and foibles of contemporary Jewish life.

On Sunday, Ner Tamid activities took place throughout the building. In the gym, children were enthralled by performances from Mad Science and the Purple Dragon Puppet Theatre. Tots swarmed through the Ganon Preschool, making Chanukah crafts and exploring the colorful rooms.

On the second level, the book fair, and a dazzling variety of art exhibits, craft tables, and vendors attracted buyers and browsers throughout the day. The Jewish Artists' Guild exhibit in memory of founding president Avril Bright, took place in the Board Room. Teens thronged the Teen Lounge or helped out at various community booths. A

(Continued on page 8)



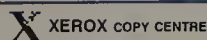
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Happy Chanukah

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COMMENTARY

Jerusalem provided historical setting for GA



VAAD REPORT

BARBARA FARBER
PRESIDENT, VAAO HA'IR

With a security advisory from Foreign Affairs ringing in our ears about a possible military attack on Iraq, 14 of us from Ottawa set out for the General Assembly (GA) in Israel. More than 3,500 delegates from the diaspora joined approximately 2,000 Israelis for an incredible conference, which took place for the first time outside of North America. Jerusalem provided the historical setting for some real dialogue between us.

Descriptions of beauty, spirituality and the dream of the perfect state were replaced by frank discussions of the problems that exist. Here in Canada we have problems coping with French-English concerns - Quebec and the rest of Canada. Can you imagine living with issues of pluralism (ultra-orthodox versus everyone else), problems with Ashkenazim versus Sephardim and difficulties relating to the absorption of Russian and Ethiopian Jews? And all the while Israelis live under the constant threat of terrorist attacks, as well as double standards imposed by world critics.

But in spite of it all, Israel takes a back seat to no one on the world stage. The entertainment that welcomed us on the opening night was spectacular! The restaurants

were fabulous with a wide range of choices that appealed to every palate. It was strange to see kippah-headed men with tzitzit hanging, "dining" at McDonalds. But in Jerusalem all restaurants are kosher! It really should be so much easier living as a Jew in Israel, but unlike their diaspora cousins who are permitted to practise their Judaism in whatever manner from orthodox to reform, the Herredi (the ultra-orthodox) in Israel have a disproportionate control over daily life because the government is reliant upon them to maintain the tenuous coalition.

Although our diaspora monies are still appreciated, Israelis want us to understand them, to support them and to get to know them. Are you aware that 80% of diaspora Jews have never been to Israel? I for one found this statistic shocking. New programs and initiatives were announced by the international chair of the GA, Charles Bronfman to subsidize trips to Israel for our teenagers. You owe it to your children to educate them in this most meaningful way. It is an experience that will enrich their Jewish lives and stay with them forever. The Israel Experience Centre at the Soloway JCC will have all the information you will need.

Israeli life is so different from ours. At the age of 18, men serve three years in the army and women two years. The exceptions are for members of the ultra-orthodox sect who are exempt because they are studying Torah. Friction arises because following their army service, students pay a substantial tuition at the universities while the exempted do not. This is but one of many problems that caused the students to go on strike while we were there to demonstrate their frustration with the system.

A modern society brings out other differences as well.

Israelis all seem to have an extra appendage that many of us are lacking - a cell phone that is joined to their ear 24 hours a day. And it rings incessantly through meetings and even through the GA closing ceremonies. I thought it would drive me crazy until while expressing my exasperation to an Israeli woman about this habit she answered me simply: "If you had a child or a relative in the army or anywhere in Israel you would want immediate contact as well". She continued by saying that Friday mornings in the grocery stores, every Jewish mother was either speaking with or waiting for news about whether her child would make it home for Shabbat dinner. Through my tears and the lump in my throat, I suddenly had a new appreciation for cell phones and somehow their disruptive ring sounded far more musical.

We were often told by Israelis that we Canadians are so polite - it is not one of their greatest assets. But it's understandable - they live a life of *tachlis* and most of the people we met work hard, live hard and at every opportunity seem to enjoy life to the very fullest.

Throughout our visit, I never felt safer, more secure in who I am and more proud of this incredible little state of Israel - warts and all. There are problems. They are trying hard to deal with them. What they need from us is our support, financial and moral, understanding and our unconditional love.

Am Yisroel Chai!

Chanukah is not just kids' stuff

A few decades ago this season was characterized by great tension for many in the Jewish community. I have pamphlets referring to the December Dilemma and other euphemisms for the holidays of our neighbors and their effect on some North American Jews. Perhaps in some homes this time of year still presents problems.

One thing is very evident, however, Chanukah is up there as one of the main December celebrations in North America. The media will provide coverage and perhaps even a documentary about the holiday or a cartoon presentation about it. When high school groups come to visit in my congregation, I know that at least one question will be about Chanukah, with a preliminary statement about how important this holiday must be on the Jewish calendar. On the Internet it is presented on one site as one of the big three of the season. We should be pleased that we are such a strong aspect of this continent's culture.

But what we are celebrating is not kids' stuff. Beyond the gifts and the candle-lighting, the singing and the latkes, the message is very serious. The Jewish community must look after its spiritual and cultural needs for without them we are in a circumstance similar to that of the revolt period of the Chanukah saga. Our strength is not dependent on alliances but by how we live in our homes and express ourselves through strong, well-supported and vibrant institutions. The major thrust should be, in line with the word Chanukah (from the Hebrew root for education), to ensure that there are ample and well-used venues for study, for the community to come together and grow culturally and spiritually and to make what we learn a reality in our lives.

In this country, with its tradition of multiculturalism, we are encouraged to express ourselves and to develop our unique heritage. This, too, is more than kids' stuff. This should be the major underpinning for all of our organizations. Indeed, our ability to express ourselves as Jews during the rebellion against the Syr-



FROM THE PULPIT

RABBI ARNOLD FINE
AGUDATH ISRAEL

ian regime of that time protected us and was the reason Jewish religious and cultural activity was prohibited by the ruling government. Now the emphasis should be upon knowing how to express ourselves under the wonderful circumstances of today.

Not so long ago some complained that we did not have the facilities to serve our needs. What is happening in Ottawa now is a blessing. The synagogues are providing all kinds of opportunities, as is the Soloway JCC. Happily the education facilities for our youngsters are expanding, especially at the high school level. Adults also have a wide variety of options to develop and strengthen their knowledge. All rabbis will tell you that their congregants are searching for intellectual challenge and the community has the responsibility to help and guide the quest. The excitement of being challenged and challenging is a great delight.

Some of us will receive or give books in lieu of other gifts. Perhaps we should be choosing among the myriad Jewish ones, which are now so readily available. The popularity of the computer has also generated a large amount of reasonably priced software. Intellectually demanding discussions of the Torah portion of the week can be called up on the computer monitor. So be good to yourself and give yourself the gift of Jewish study.

If you do, candles will shine brighter, the latkes will taste even better and the songs will be more powerful, for you will be accompanied by contact with our tradition. Have a very enjoyable Chanukah and spread the message of the miracles of that time, in this season.

CHANUKAH CANDLE LIGHTING

First candle lighting
Sunday, December 13

Last candle lighting
Monday, December 21

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ORGANIZATIONS AND PEOPLE



Many People ... Many Roads ... One Heart

General Assembly held outside North America for first time

To mark the 50th anniversary of the State, delegates from Jewish communities across North America travelled to Israel last month to attend this year's General Assembly. It was the first time that the GA was held outside North America. Here are some of the impressions that delegates from our community came back with:

"It's amazing to see the kinds of projects that our funds have gone into. In the Golan, we saw a school for handicapped kids. There were Israeli, Bedouin, and even Lebanese children there.

"It's fascinating to see what our money goes for. Seeing is believing."

- Rhoda Zinman

"It was a magnificent three days. I was very very proud to be part of the Ottawa contingent."

- Ingrid Levitz

"I would come back with the message that we do have a Partnership 2000 with the Galil and they're really looking for a connection. Our money is going to many important things and they always need money, but they also need that connection and to share our expertise in many areas."

- Lawrence Zinman

"I came back with pride in what the country has been able to accomplish, with everything they're coping with."

- Barbara Farber



Ottawa delegation with Canada's Ambassador to Israel, David Berger and wife Monica.



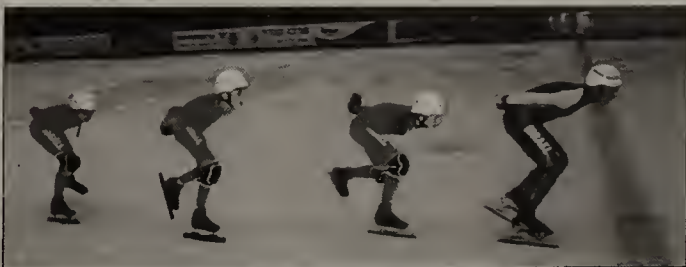
(Above) In Jerusalem's Jewish Market "Machane Yehuda" (left to right): Elissa Iny, Sunny Tavel and Rhoda Zinman.



(Above) Ethiopian students smile for the camera



(Right) Teachers at our partnership school in Metulla with Chanukah cards for Hillel Academy students



Israeli speed skaters train at the Canada Center in Metulla

"I think the overriding thing I came back with was a better appreciation of the internal problems in Israel."

- Donna Dolansky

"The waves of immigration in recent years have changed the face of Israel. Of course, they have many problems. I think the Diaspora and the State of Israel realize more and more how they need each other."

- Sunny Tavel

"I have a better appreciation of the current problems in Israel, such as the conflict between the secular and religious."

- Bernie Dolansky

ORGANIZATIONS AND PEOPLE

Gordon Roston is appointed new Foundation executive director

Gordon Roston has been appointed executive director of the Ottawa Jewish Community Foundation. Roston replaces Orly Aaron, who is stepping down after three successful years in the position. The announcement was made by Rose Taylor, president of the Foundation.

Gordon is no stranger to the Ottawa Jewish community. He and his wife, Margo, whose columns appear weekly in the *Ottawa Citizen*, have three children, Susan, Adam and Laura. After moving to Ottawa, Gordon held senior marketing, merchandising and general management positions with A.J. Freiman Limited. He was vice-president, general manager and a member of the board of

directors of Freiman's at the time it was purchased by The Bay.

Throughout his career, Gordon has played an active role as a volunteer in a variety of community, arts and social service organizations. He has been active in fundraising in both the Jewish and non-Jewish communities. Shortly after arriving in Ottawa he became active in UJA and served on the board of the Vaad Ha'Ir and as president of the Zionist Society of Ottawa. He initiated the Vaad's Young Leadership Group and served as the first chair of what was then known as The Young Men's UJA Campaign. He has served on the board of directors of the United Way of

Ottawa-Carleton and is on the advisory board of The School of Dance, having served as its chair for a number of years.

Following the sale of Freiman's, Gordon joined the federal Public Service. During a distinguished career, he held various senior positions with the departments of Industry and Foreign Affairs, a Crown Corporation, and Treasury Board Secretariat.

Gordon is a graduate of Cornell University. He has a particular interest in community conflict resolution and is a graduate of the Canadian Institute for Conflict Resolution, St. Paul's University, Ottawa. He also serves the community in which he lives as the Deputy Mayor



Gordon Roston
of Rockcliffe Park, an elected, volunteer position.

The WaltonSTEINS - SOLD OUT!

By Terry Schwarzfeld

Frannie Sheridan with her one-woman play, *The WaltonSTEINS*, has triumphed for the second year. With full houses, November 7 and 8, the story of Frannie's family touched every member of the audience. Temple Israel and St. Basil's Church once again collaborated to bring this production back to Ottawa.

Frannie Sheridan is a gifted actress who becomes each member of her family with a change in posture and a gesture. She tells the stories of her mother and father, their trials with the rise in Nazism, escapes from Europe, life in Canada and conversion to Catholicism in short segments, interspersed with her own difficulty growing up knowing the family's terrible secret - they are Jews! The story is many levelled and on each level, whether her paranoid, survivor father, her fearful, younger self or her brave and determined older self, the characters are authentic and the performance rings true.

This year's play was longer than last year's version



Frannie Sheridan meets with a member of the audience following the performance. Father Corbin Eddy looks on. (Photo: Robin Chernick)

with extra material that eased the transition between segments. Frannie's more sympathetic portrayal of her father this year increases the horror at the extent of his paranoia and adds to the power of the play.

The November 8 evening began with Kevin Burns, a member of the organizing committee, describing the events of Kristallnacht. Rabbi Stephen Garten read the poem "Our Town is Burning" and Father Corbin Eddy read Psalm 123. Rose Klein, a survivor of Auschwitz, lit a candle and passed it to Jenny and Mark Sussman, Frannie Sheridan's niece and nephew, who lit the yearzeit candle. Barbara Okun sang "Ani Ma'amim" to an old European melody.

Following the Kristallnacht commemoration, the audience was silent as the stage was cleared and prepared for Frannie Sheridan. With the atmosphere set, Frannie came out and gave a powerful performance. The viewer of the play is normally overwhelmed by Dr. Bernard Sheridan's character and story, but for this performance the murder of Leisel Sheridan's mother on Kristallnacht took on an additional poignancy.

In attendance for both performances were members of Frannie's family, who came together for the second year in a row. In fact, Frannie added a section to her play this year in which she describes some of the steps taken by her siblings and their families to regain their past - some are learning Hebrew, one has separated from an anti-Semitic spouse, one has gone to synagogue for the first time and one has joined a synagogue. All are facing and exploring their Jewish background.

Following each night's performance, Frannie came into the lobby to meet the audience. There were those who remembered the family; there were those who knew Frannie's mother when she lived on her own; and there were those who were searching for their own backgrounds, lost for a variety of reasons.

At a Monday afternoon special student production, students from Yitzhak Rabin High School as well as local Catholic High Schools were in attendance.

As Frannie portrayed in the play, *The WaltonSTEINS* is a step in her journey of healing. For those watching the performance, it is a step in a journey of understanding.

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ORGANIZATIONS AND PEOPLE

David Levine moves quickly to bring about hospital restructuring

By Paula Smith

Despite his rather rocky reception as the new CEO of the amalgamated Ottawa Hospital, David Levine has settled in and quickly moved forward in his new position with detailed plans for the various campuses of the hospital. This focus is well recognized. Coverage of his activities in the local newspapers has dramatically changed from the anti-separatist hype at the beginning of his tenure to describing the myriad initiatives that are under way.

The history of his arrival in Ottawa is familiar. After the release last year of the findings of the Health Services Restructuring Commission recommending that the Riverside Hospital be closed and all teaching and tertiary care be centralized at the Ottawa General, the hospital community in Ottawa was fractured and in shock.

Furthermore, the lobbying and extreme partisan positioning before the commission had necessitated that the existing leadership of the hospitals be excluded from consideration when a new head was being sought. With a strong adversarial tone already in place, and the Civic appearing to have lost out in the restructuring, the hiring of the former Quebec politician did nothing to allay the fears of the largely anglophone population that had traditionally been served by that hospital. Hence mollifying the dramatic and angry demonstrators that greeted news of his hiring added an additional challenge to the already mammoth job of integrating the various campuses of the new Ottawa Hospital into a unified whole.

Levine was able to rely on his previous experience with hospital restructuring in Montreal as well as a great deal of planning that had already been done in the Ottawa community to bring reason and order to the situation.

He announced plans to create a diagnostic and outpatient surgery centre at the Riverside campus based on the Mayo clinic model. (At the Mayo Clinic, 1300 patients are seen every day for diagnostic services, but then returned to their local communities for treatment where available. There are 2000 hotel rooms in constant use by patients booked for tests there.) He described this proposed centre at the Riverside as "the doorway to the Ottawa Hospital" with doctors accredited to the other campuses spending part of their time here. "In a treatment context, day surgeries, all kidney dialysis and all ophthalmology will take place at the Riverside," he said. He qualified that by noting that the Eye Institute at the General campus will remain for treatment of the more serious eye problems such as cancer and major eye surgery as well as for academic research in that field.

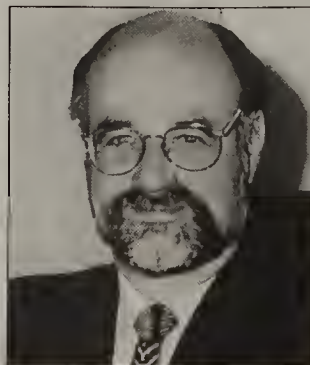
"Some tertiary care will be relocated, but there will be centres of excellence at both the General and the Civic campuses," he said, although he was unwilling to be more specific than that. "The new Ottawa Hospital will be built on the strengths that already exist. For financial reasons it is necessary to regroup, but the Civic could never become a community hospital without tearing it down and rebuilding it from scratch.

"Since taking over, management staff has been reduced by 25 per cent and the focus on outpatient and ambulatory care has allowed beds to be closed. All hospitals have been forced to re-evaluate, re-engineer and seek economies of scale," said Levine. "But the Ontario government still needs to fund the up front costs of the merger as well as the costs of the transition. The Ontario government realizes how important health care is to the people of Ontario and knows it has to invest in the health care system." He agreed that it would be a good thing if the upcoming election in Ontario motivated the government to make extra funding available to health care as has happened in the Quebec election.

The demands of his new position at the Ottawa Hospital leave Levine little time to attend the health club that he joined when he arrived in Ottawa last summer.

He has been only once. However, he loves to walk for recreation and exercise, and together with his wife, Arlene, has been known to walk from his home near the Civic to the Glebe for a coffee, then on to the market for lunch, and back home again. When asked if he liked Ottawa, he was enthusiastic about the many cultural activities that Ottawa has to offer. He said that Ottawa has many more facilities, museums and galleries than are normally found in a city its size because it is the capital city and he does take advantage of what is available.

Weekends are often spent in the Laurentians at the family's country home, but during the workweek Levine is alone in Ottawa. His wife is a professor of Women's Studies at Vanier College, a CEGEP



David Levine

great lifestyle, it was not in his field and he finds the Ottawa Hospital CEO job to be a greater challenge.

in Montreal. And, as a compromise with his twin 16-year-old daughters, Levine agreed to let them return to their Montreal school for the last year of high school when they were uprooted from the New York school after only one year there. His son also returned to Montreal when the family left New York to continue his studies in English literature at McGill University. He said that he still belongs to a conservative synagogue in Montreal, but will likely join one in Ottawa when he is more settled.

In the meantime, he is enjoying the challenge of the Ottawa job. Although his last position in New York as representative of the Quebec government offered a



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ORGANIZATIONS AND PEOPLE



JEWISH FAMILY SERVICES



JFS Executive Director Mark Zarecki (right) is pictured with (next to him) Elaine and Irving Singer, honored for creating and running the annual Passover Basket program. Also pictured are David Freeman (left) and Kevin Kardash representing the program's sponsoring B'nai Brith Lodges.

JFS holds AGM

Jewish Family Services' Annual General Meeting took place on November 4. At that time there was a change of executive and Dr. Kay Benzke was elected president for a two-year term. Thelma Steinman and John Holzman were recognized for their contribution and dedication to the Agency. Thelma became a permanent honorary member of the Board of Directors.

Highlights of the evening included the presentation by the guest speaker Senator Erminie Cohen about poverty in Canada and the grave issues that are facing Canadian society, with 20 per cent of the population living below the poverty line and the honoring of Irving and Elaine Singer and the two local B'nai Brith Lodges for the creation of the Passover Basket program. Launched



Guest speaker
Senator
Erminie Cohen.

eight years ago, by people who understood basic tenets of our tradition, this important program has helped the Jewish poor feel connected with the community and has allowed them to celebrate Passover.

One of the main issues that Jewish Family Services voices is that the Jewish poor have a two-fold problem. They are Jews amongst poor and they're poor amongst Jews. This dilemma creates alienation from fellow Jews and reinforces a negative self-image. Jewish community anti-poverty programs not only assist these people materially but help them feel part of the community. This is an agenda that Jewish Family Services will be advocating through the coming years to help integrate these people into our community. We thank those who share in the struggle.



New President Kay Benzke is pictured with outgoing President John Holzman.



Thelma Steinman and John Holzman are honored for their dedicated service to JFS.

New location, new image

The new agency logo, created and donated by Louis Cohen, represents the agency's new look and conception of the modern family. The figures are not gender biased and thus could be of either sex. As well, the traditional nuclear family consisting of a mother, father and child/children, is no longer the norm.



The logo reflects the reality that the social service agencies are most often facing, the single parent family. We thank Louis for his creativity in conceptualizing and stylizing the reality we face and creating a meaningful logo for the agency as we approach the new millennium.

Treat yourself to a Chai for Chai membership at the Soloway JCC

The Chai for Chai Membership Drive kicks into high gear this month as members spread the word about the Soloway Jewish Community Centre.

"It's wonderful, a great place," says Linda Bernfeld, whose family comes to the Centre for exercise and socializing. "I bring my kids here, or rather, they bring me. They want to be here all the time to hang with their friends, to swim, to go to the Teen Lounge."

Until January 31, the Soloway JCC is inviting everyone to make the Centre their place to "hang" by offering Chai for Chai - 18 per cent off the price of a one year Chai membership. Chai membership includes unlimited access to the Pool, Squash and Racquetball Courts, Gym, Teen Lounge and Fitness Centre (for anyone age 16 and older). There is a nominal charge for aerobics classes of \$18 for three months per person (\$30/couple) and \$15 for a 15-class aquafit pass. Members also enjoy special rates on all Soloway JCC cultural and sports programs. The Centre offers programs for people of all ages, from Ganon preschool, to children's drama, sports and swim lessons, to adult leagues, book clubs, film nights and classes.

There are bonuses for current members as well. As a thank-you to all those members who supported the Centre by joining early, a free month of membership will automatically be added for every Chai member who joined before December 1, 1998. And these members will enjoy free aerobics and aquafit classes until September 1999. This is in addition to the extra month Charter members received in September.

"It's our home away from home," says Charles Schachnow, who, along with his parents and brother, are at the Soloway JCC, almost daily. "It's got great facilities. I'd encourage people to join and enjoy the ambience of the Jewish community."

Gabe Karlin, chair of the Chai for Chai campaign is assembling a team of enthusiastic Centre members to contact people in the community about this winter offer.

"This is a chance for people to take advantage of a superb facility and a great package, and discover what the Soloway JCC has to offer. We're looking forward to talking to people in the Jewish community and inviting them for a visit to their Centre."

For more information, or to arrange a guest visit and tour, call 798-9818 ext 300.



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ORGANIZATIONS AND PEOPLE

Women's Campaign honors Lion of Judah donors

By Marjorie Feldman

This past fall, six Ottawa women, Pat Flesher, Elissa Iny, Sally Levitan, Dorothy Nadolny, Sunny Tavel and Ethel Taylor, attended the International Lion of Judah Conference held in Washington, D.C. The theme of the conference was "Let Us Gather As One" and was attended by 1,200 delegates from around the world. These are women who make individual donations of \$5,000 or more annually to the UJA campaigns in their communities.

The delegates listened to an impressive roster of experts, thinkers, and dignitaries who discussed issues of concern to them as women and as Jews. They attended a fantastic "Israel at 50" gala evening at the Kennedy Center with the National Symphony Orchestra performing.

The conference highlight was the presentation by Hillary Rodham Clinton on "A Vision for Women in the 21st Century." Clinton spoke for almost an hour without notes and described how all families' needs are the same regardless of age, race or religion. She also addressed issues that are especially relevant to the Jewish communi-

ty and Israel.

An especially inspiring aspect of the conference was meeting so many outstanding and accomplished women, each committed to ensuring that the Jewish future is part of their present responsibility through their philanthropy and leadership.

Highlights of the conference were reported on November 3 at an informal tea organized by Ottawa's Lion of Judah division chairs Elissa Iny, Dorothy Nadolny, and Ethel Taylor and held at Iny's home. Sally Levitan lead the discussion with anecdotes from the other delegates.

Iny, Nadolny and Taylor warmly welcomed and presented Lion of Judah pins to four new donors - Cheryl Dubrofsky, Edna Goldfarb, Roslyn Kimmel, and Ingrid Levitz. The beautiful gold pin has become an internationally recognized symbol of generosity and commitment to UJA and to the worldwide Jewish community. Ottawa is fortunate to have 27 "Lions" who maintain this commitment.

Deborah Saginur, who co-chairs the UJA Women's Campaign with Ingrid Levitz, gave a brief update on the 1999 campaign,



These "Lion of Judah" donors contribute \$5,000 or more annually to the UJA Campaign (from left to right): Edna Goldfarb, Dorothy Nadolny, Cheryl Dubrofsky, Roslyn Kimmel, Ethel Taylor, Elissa Iny and Ingrid Levitz.

stressing the importance of generous and committed women in maintaining Jewish communal life both here and abroad. She commended the Lion of Judah women by stating, "the example that each one of you

sets here in our community is something of which you can be very proud." Saginur further quoted from Albert Schweitzer: "Example is not the main thing in influencing others, it is the only thing."

Community comes together for Ner Tamid Festival of the Arts

(Continued from page 1)

Judaica Computer Fair in the Library attracted young and old.

In the Social Hall, two thought-provoking lectures were presented to appreciative audiences. The Hy Hochberg Lecture in the morning was given by Howard Galganov. His tone was calm, but his indignation was infectious as he outlined how the basic human rights every Canadian should enjoy have been systematically stripped away from Quebec's 1.3 million English-speaking citizens. "This is not a language issue," he proclaimed, "it's a human rights issue."

Human rights was the theme of the afternoon lecture as well. Speaker Robert Meeropol is the son of Julius and Ethel Rosenberg who were executed in 1953 by the United States government for what FBI Chief J. Edgar Hoover called "the crime of the century," passing atomic secrets to the Soviets.

Using a chalk board and chart he methodically went through the government's evidence which condemned two people to death. By the end of his lecture every piece of evidence had been crossed out as irrelevant or just plain wrong. Meeropol cited files recently released under the Freedom of Information Act which suggest that the government knew its evidence was false, but, pressured by Cold War hysteria was determined to convict someone for the Soviet possession of "the bomb."

Rather than being embittered by his traumatic childhood, Meeropol has turned personal tragedy into something positive. Through the



Mad Science was a bit with the younger crowd.

Rosenberg Fund for Children he helps children of today's persecuted political activists.

There truly was something for everyone at the new Ner Tamid Festival of the Arts. "We wanted this new festival to bring people together in our beautiful new building and create a sense of community spirit," reflected chair Randi Sherman. "I think we achieved that goal."



The Jewish Artists' Guild exhibit was held in memory of founding president Avril Bright, whose beautiful fabric collage portraits were on display.



The book fair attracted buyers throughout the day.

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ORGANIZATIONS AND PEOPLE



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Bierbriers give JNF Mega Mission two thumbs up!

"It was fabulous!" says Adrienne Bierbrier, "just fabulous!"

Ottawans Adrienne and Ben Bierbrier chose to make their first trip to Israel last year as participants in JNF's May 1997 Mega Mission.

They had the time of their lives.

"I'd see one thing and think I couldn't see anything more exciting," Adrienne says. "Then we'd be taken to another place, another excavation, another landmark, and the excitement would start all over again. I just couldn't take enough pictures."

"The accommodations were great, the guides were great, our fellow travellers were great. People were very comfortable with each other. They came from across Canada and ranged in age from 30 to 80-something."

"It was a lovely experience and JNF took excellent care of us," Adrienne says. "We had nothing to do but enjoy ourselves from the moment we boarded the plane to Israel until we reboarded for the return flight home."

The 1999 JNF Mega Mission to Israel - with an itinerary that will knock your socks off - takes flight on Wednesday, February 24, returns Monday, March 8. Whether you're a first-timer or a seasoned visitor, for a view of Israel you'll cherish forever, plan to be part of Mega Mission '99. For information, call the JNF office at 798-2411.

Get ready to answer the phone ...

It's that time of the year again

That time of the year is fast approaching when JNF calls on the entire Ottawa Jewish Community to pitch in to sustain and maintain the greening of Israel.

Bells will be ringing all over Ottawa on Sunday, January 31 when the army of volunteer canvassers takes to the phones for the Annual Tu B'Shevat Telethon. Once again, the good folks at Regional Realty are graciously donating the use of their Catherine Street offices to the cause.

An impressive trio is sharing the limelight as co-chairs of the event. Veteran JNFER Mark Klyman, who already has accumulated a mighty impressive record as co-chair of previous JNF Telethons, has conscripted JNF stalwart Michael Silverman and recent JNF recruit, Israel Gencher, as co-chairs to help organize and oversee the success of the one-day community-wide canvass.

Volunteer callers are always needed. The more, the merrier. To volunteer just a couple of hours of your time call the JNF office at 798-2411.

Two new B'nai Mitzvah

Two young men were called to the Torah recently as B'nai Mitzvah. Mazal Tov and Yasher Koach to David Zeligman and Michael Taub who did themselves and their beaming families proud on Bar Mitzvah day. The parents of each of the boys chose to add a meaningful dimension to the milestone in their son's lives by inscribing their names in the JNF Sefer Bar/Bat Mitzvah.

Inscribed in the Golden Book

In honor of the Bat Mitzvah of Robyn Lana Goldberg, her parents Ernie and Reva Goldberg have inscribed their daughter's name in the Golden Book.

On a daily basis you can plant trees for all occasions. An attractive card is sent to the recipient. To order, call the JNF office (798-2411).

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ORGANIZATIONS AND PEOPLE



Your donation to the Bess and Moe Greenberg Family Hillel Lodge assists in providing high quality care for the Jewish elderly.

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Mr. and Mrs. Julius Majerczyk in their new home by Lillian and Morris Kimmel.

Leah and Ken Miller on the engagement of their son Mitchell by Betty and Sid Finkelman.

Laya and Sol Shobinsky on their 43rd wedding anniversary by Margo, Jeff, Joshua, Benjamin, Matthew and Rebecca Sherman.

Linda and Rocco Borgia on the birth of their daughter Victoria by the Residents, Board and Staff of Hillel Lodge; and by Lillian and Morris Kimmel.

Bert and Abe Klugsberg on their grandson's Bar Mitzvah by Penny Bar-Noy.

Ben Feinstein on his 100th birthday by Lily and Moshe Feig.

Nancy and Larry Pleet on their 45th wedding anniversary by Lily and Moshe Feig.

Evelyn and Lou Eisenberg on their wedding anniversary by Lillian and Morris Kimmel.

Lil and Morris Lang on their 50th wedding anniversary by Valerie and Mendel Good; and by Elaine and Leon Kurtz and family.

Ben Pomerlan by Lillian B. Frenette.

Lea and Yitzhak Kalin on their 50th wedding anniversary by Lily and Moshe Feig.

Lillian and Morris Kimmel on their anniversary by Lily and Moshe Feig; by Debbie and Stephen Schneiderman; and by the Levines, Kaimans and Kimmels.

R' Leah Sh'lemah to:

Sam Slack by Lillian and Morris Kimmel.

Mr. Mendel by Leah Torontow.

Robert Barr by Chuck and Nathan Skulsky, Betty Wax and Annie Philippon.

Joe Osterer by Lillian and Morris Kimmel.

Ruth Aaron by Lily and Moshe Feig.

Lorry Greenberg by Audrey and Lew Levy.

Mrs. S. Amsterdam by Dora Wolfe.

In Memory of:

Mother of Josef Straus by Lillian and Morris Kimmel.

Mortimer English by Milton and Joyce Kimmel.

Minnie Pass by Mr. and Mrs. J. Goldberg; and by Lily and Moshe Feig.

Sam Nadolny by Bea and Abe Dubinsky; by Debbie and Stephen Schneiderman; and by Joy and Bruce Levine.

Esau Kavanat by Lily and Moshe Feig.

David Weinberg by Tohy Nathanson and the children of 3N Hillel Academy; and by the Residents, Board and Staff of Hillel Lodge.

Israel Kardish by Debbie and Stephen Schneiderman; by Lillian and Morris Kimmel; by Eric Weiner and Arlene Godfrey; and by Bea and Abe Dubinsky.

Becky Bercovitch by Lily and Moshe Feig.

Bertha Perry by the Residents, Board and Staff of Hillel Lodge.

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Here's a good opportunity to recognize an event or convey the appropriate sentiment to someone important to you and at the same time help Hillel Lodge. Call Sue-zyn at 789-7132. Contributions are tax deductible. Cards start at \$10.

A SPECIAL THANK YOU TO:

Rita and Frank Engels for their generous donation to the new Bess and Moe Greenberg Family Hillel Lodge.

Ruth Leikin for her generous donation to the new Bess and Moe Greenberg Family Hillel Lodge.

JFS/BJE sponsor PD Day

By Zelaine Shinder

Chair, Board of Jewish Education

Approximately 60 teachers and educators of local Jewish schools met on Sunday, November 29 at the Joseph and Rose Ages Family Building for the first Annual Professional Development Day. This event, co-sponsored by the Board of Jewish Education (BJE) and Jewish Family Services (JFS), featured a keynote

speaker and workshops.

The BJE, made up of representatives of all the Jewish educational institutions in the Ottawa-Carleton area, meets monthly to help promote a universal interest and understanding of the meaning and importance of Jewish education. The student support program of Jewish Family Services provides collaborative services designed to support the child and the family within the school system.

The keynote speaker was Frances Perlman, who is the director of education at Temple Israel, West Bloomfield, Michigan. She sits on the editorial board of the Union of American Hebrew Congregations and chaired its task force on teaching Hebrew.

Perlman had this message for Jewish educators: "It is our goal and commitment to create a sacred learning community in our classrooms. By exploiting our space, sanctifying time and focusing on languages, we can enrich the lives of our students and our own lives."

Workshop leader Karen Gazith, PhD, is the educational consultant for the Jewish Education Council, Montreal. She has lectured at McGill University in special education for the past nine years. Her workshop discussed meeting the diverse needs in today's classroom and focussed on the different intelligence levels of children.

Judy Goldstein, PhD, a partner at Goldstein, Moncion and Associates, has extensive experience in conducting parenting groups and social skills groups, as well as being a former learning disabilities resource teacher. Her workshop focussed on the diagnostic criteria for attention deficit/hyperactivity disorder and interventions to strengthen self-esteem in students with learning disabilities.



Community Sports Dinner a winner!

The Senators' Alexei Yashin schmoozes with Soloway JCC (SJCC) President Jeff Gould, Marni Gould and Enid Gould at the first annual Community Sports Dinner, sponsored by the SJCC and the Snowsuit Fund and attended by 450 people. The dinner featured more than 45 athletes and a live and silent auction.

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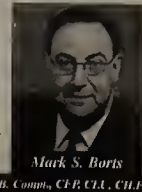
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ORGANIZATIONS AND PEOPLE

The Bess and Moe Greenberg Family Hillel Lodge

(Continued from page 1)

berg with a symbolic key to the new facility.

"I am very excited to be here to honor my dear cousin, Bess Greenberg," Roger said.

Humorously he recalled, "Our plans for building the campus were almost torpedoed at the beginning by Thelma Steinman and the late Jacie Horwitz who were concerned that the new JCC was going to be built before a new Hillel Lodge. I made a promise to them, 'I will not rest until a new Hillel Lodge is a reality.'"

"Well," he said smiling broadly, "the new Hillel Lodge is soon going to be a reality."

Hillel Lodge Board Chair Shlomo Mayman thanked Bess Greenberg for her generous contribution to the Community Capital Campaign. "We now have the new Soloway JCC and we'll soon have the Bess and Moe Greenberg Family Hillel Lodge on our Broadview Campus," he said.



Bess Greenberg is presented with a symbolic key to "The Bess and Moe Greenberg Family Hillel Lodge" by Capital Campaign Chair Roger Greenberg (left) and Hillel Lodge Chair Shlomo Mayman.

"With God's help, we'll have everybody in the new facility by mid-year 2000," Shlomo said.

The Bess and Moe Greenberg Family Hillel Lodge is currently in the final planning stages. The ground breaking is anticipated for Spring, 1999. Stay tuned for further details!



At a reception held at the Westin Hotel on November 11, Rabbi Reuven Bulka installed the new executive for State of Israel Bonds Women's Division. Pictured (front row from left to right): Ruth Aaron; Naomi Lipsky Cracower, chair; Alyce Baker, immediate past chair; Trudy Wiseman; (back row) Rabbi Bulka; Leiba Krantzberg; Vera Klein; Ellen Fathi; Carolyn Telner; Tani Sanders; Beverly Swedko. Absent: Perla Abtan, Miriam Algom, Yvonne Azuelos, Hana Brownstein, Marcia Cantor, Lynn Gillman, Rozzi Kanigsberg, Liz Kronick, Shelley Schachnow.



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Canada's life and health insurers have established a dedicated, toll-free telephone information service, in both English and French, to assist anyone seeking information on possible unclaimed insurance proceeds owing to victims and survivors of the Holocaust and their heirs.

This service is being offered through the Consumer Assistance Centre of the Canadian Life and Health Insurance Association, which for many years has responded to life and health insurance inquiries, including requests for policy searches.

Although Canadian life insurance companies did not operate in continental Europe during the years 1930 to 1945, it is nonetheless possible that Canadian insurers operating in other countries, such as the United Kingdom for example, could have sold policies insuring people who subsequently became victims of the Holocaust.

The objective of the new service is to assist callers by putting them in touch with such a Canadian insurer, or, as appropriate, putting them in touch with other organizations in the U.S. and elsewhere which have been set up to assist the heirs of Holocaust victims, and Holocaust survivors, locate possible unclaimed insurance policies on a worldwide basis.

The service is staffed by knowledgeable industry retirees who will make every effort to be of assistance. They can be reached at the numbers shown below, from 8:30 am to 4:30 pm EST Monday through Friday. After these hours, it is possible to leave a message which will be answered promptly the next business day.

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The Centre of Your Life

ORGANIZATIONS AND PEOPLE

Negev offers unique research perspective

BGU Center plays pioneering role in women's health issues

By Cynthia Nyman Engel

With the recent opening of its Center for Women's Health Studies and Promotion, Ben-Gurion University (BGU) is poised to make major contributions to Israeli women's health issues.

"The focus used to be on reproductive care but there is far more involved in women's health issues," said Dr. Julie Cwikel, Founding Chair and Co-Director of the Center. "If we deal only with reproductive issues, we're dealing only with half a life."

"Women have unique health problems over the life cycle before and after the reproductive years," she said. "And many of the problems women experience in their teens are carried throughout their lives."

Cwikel, who is immensely proud that BGU is the first Israeli university to address women's health issues, was the guest speaker at a reception for BGU held in mid-November at the home of Dr. Norman and Myrna Barwin.

"The women who live in the Negev offer a marvellously diverse group in which to conduct our research," she said. "And, given this diversity, the challenge of delivering health services is much greater than it would be in Israel's major cities."

She explained that the 150,000 women who populate the Negev comprise veteran Israelis, Bedouins, new immigrants, residents of kibbutzim, moshavim and development towns, and noted that each group has its unique problems and issues.

For example, among immigrants from the former Soviet Union, there is a high rate of breast cancer. To counter the growing problem, the Center will train women to run breast cancer support groups.

"Unique health problems abound among the 40,000-50,000 Bedouin women aged 12-55 scattered throughout

the Negev," she said. "They have the highest birth rate in the world, with 7.7 children per woman of reproductive age. This high birth rate runs the risk of exhausting the women's physical and psychological resources."

"In addition, Bedouin women also suffer a high rate of respiratory problems due to the dust and fire smoke in their environment," Cwikel said. "Interestingly, the Bedouin men do not have these problems to the same extent because it is the women who do the cleaning and cooking."

The impetus for the Center came from people outside the university who realized that, while the university has a unique hospital setup, the Negev suffers from a scarcity of widely available services such as family planning, a women's counselling centre or a central place from which to disseminate information on women's health.

"There's a long list of proposed projects," Cwikel said. A priority among these is an in-depth look at heart disease, which is typically thought to be a man's disease, but which is the number one killer of women as well.

"The symptoms for women are often very different than they are in men," she said. "And Israeli women are less likely to survive a heart attack when it occurs and less likely to receive aggressive treatment. There is a lot of educating to be done."

Cwikel earned two degrees in Social Work in Israel and studied Public Health and Gerontology at the University of Michigan. Her co-director, epidemiologist Dr. Ilana Shoham-Vardi, has run very successful para-professional training courses in public health for Bedouin women.

Cwikel sees the Center playing an increasingly important role in the Negev and Israel.

"We want to expand this program to



The Ottawa Chapter of the Canadian Associates of BGU launches Center for Women's Health Studies and Promotion. Pictured (from left to right): Dr. Norman Barwin, executive committee; Natalie Stern, president; Susannah Dalfen, past president; guest speaker Dr. Julie Cwikel; Freda Paltiel, executive committee; and Dr. Harry Prizant, immediate past president.

incorporate wider women's health issues," she says. "There are many people involved in research into women's health issues nowadays. As the models continue to change, we will strive to coordinate these research programs."

Further information on the BGU Center for Women's Health and Promotion is available from Natalie Stern, president of the Ottawa Chapter (789-3522) or Claire Horwitz, executive director (416-665-8054).

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ORGANIZATIONS AND PEOPLE

Career choice makes mother's hair stand on end

By Cynthia Nyman Engel

Once upon a time, not so very long ago, women were relegated to making one of three career choices: secretary, nurse, teacher.

No more.

These days young women are free to choose any career they fancy. Sometimes that choice is enough to make a mother's hair stand on end.

Case in point: 27-year-old Stephanie Trainoff, who spends her working day with an eclectic assortment of murderers, thieves, extortionists and the like.

Stephanie is a parole officer within Canada's federal system. While Mom Gloria and Dad Barry are justifiably proud of their middle daughter's vocation, they

admit to experiencing the occasional pang of downright terror.

"The first time I went to do my placement at the Keele Community Correctional Centre I was a little uptight, too," laughs Stephanie. "I thought, 'Oh, God, what am I doing? I should be working with seniors.'"

"The Keele Centre is a federal halfway facility housing 40 of Canada's most unloved male inmates," she explains. "At the time I didn't know what types of offenders I'd be working with but I soon found out!"

Stephanie has a BA from the University of Toronto, and a bachelor of social work from York University. In between earning her degrees, she also completed a certificate program in criminology.

She considered studying toward an MSW after graduating from York but decided instead to enter a competition for a government position. The 400 applicants in the complex process were wheedled down to 40, and in June, 1997, Stephanie, who placed third, was hired by the Keele Centre. Just five months later she was offered an 'indeterminate position' which translates into a job for life within Canada's correctional system.

"I must admit I was terrified the first time I was alone in my office at Keele with a parolee who had reoffended," says Stephanie. "I knew the police were coming up the back stairs but he didn't. When the police burst into my office to re-arrest him, he started screaming obscenities at me. As they carried him out he screamed at me, 'Don't close your eyes. I'll get you.'"

Stephanie is currently involved in a pilot project, the Women's Supervision Unit, which is examining new ways of supervising federally sentenced women.

"Women are just a pile of needs," she explains. "Most of the women I see are illiterate single mothers who have between one to seven children from one to seven fathers. They have little or no education. They've had abusive, drug-related childhoods and they just don't know how to live in a pro-social community setting."

"We meet with them one-on-one, supervise where they're at, monitor their entire life and try to get and keep them on track."

"In the year and a half I've worked with



Stephanie Trainoff

them, I've seen a lot of them succeed and a lot fail," she says. "The human unpredictability is just one of the reasons I love my job."

The Women's Supervision Unit recently recommended allowing pregnant women who give birth in prison to keep their babies with them.

"Right now there are a whole lot of babies running around the Grand Valley Institution for Women in Kitchener," Stephanie says. "It's a minimum and medium security prison and the first where you'll see women pushing babies in strollers."

(Continued on page 13)

Our Children's Chanukah

By Ellie Leyman

Can we forget
the miracle of the light,
the bravery of
ancient Jewish soldiers,
their perilous fight.

For freedom
to worship and to live as Jews,
protecting the Temple,
Heeding G-d's word.

We honor those Jewish heroes
of centuries past,
Their struggles, their allegiance,
Their triumph at last.
The Israelites won.

A small cruse of oil,
so precious and pure,
The miracle of one light,
A legacy secured.

Eager young faces,
Smiles of delight,
Traditions to cherish
The Chanukiah to light.

It stands valiantly,
Awaiting its turn,
Cradling the candles
In symmetry.

Its vigil is steadfast,
A protector of light.
It is a timeless remembrance,
It is a guardian of right.

Our voices will echo,
As we remember to tell,
Now our children's Chanukah,
Will be their children's
As well.



QUALITY and TASTE you can TRUST
748-5300



Chanukah Cheese Fruit Pancakes

3 eggs, separated 1 tsp vanilla
1/2 cup all-purpose flour 2/3 cup 2% milk
1 tsp baking powder 1 cup Astro cottage cheese
2 tsp icing sugar

Choice of 1 cup blueberries*
and 2 tsp grated lemon zest
or 1 cup grated fresh apple
and 1 1/2 tsp cinnamon

Whip egg whites until stiff but not dry. In a large mixing bowl, lightly beat egg yolks and add next six ingredients. Beat until blended. Fold in egg whites. Add either blueberries and lemon zest or apples and cinnamon. Gently fold into batter. Heat griddle or skillet. Grease well and pour 2 tbsp (25 mL) batter for each pancake into skillet. Cook until bottom of pancakes are golden and bubbles rise. Turn and continue cooking until underside is brown. Makes 16 pancakes. Serve with Astro sour cream.

* If frozen berries are used, they must be well drained.
Fruit may be omitted if desired.

UJA Tax Receipts

In order to receive a tax receipt for the 1998 UJA Campaign, all payments must be submitted prior to:

December 31, 1998.

Your prompt payment will allow the community to make the necessary allocations.

Thank you for your support.

Cheques may be mailed to:

UJA Ottawa
1780 Kerr Avenue
Ottawa, Ontario
K2A 1R9

798-4696
ext: 250



ORGANIZATIONS AND PEOPLE

Cum tansen at Congregation Beth Shalom's Chanukah Party

By Kinneret Globerman

Got the holiday blues? Sick of potato peeling and frying? Then come get a new lease on Chanukah at a lustiger and a frailecha party at Congregation Beth Shalom, 151 Chapel Street, on Sunday, December 20.

At Beth Shalom, Chanukah isn't just latkes; it's children and laughter, music and dance, and family fun.

In between all the dancing, there will be a Kid's Quiz, Beth Shalom's answer to "Reach for the Top", with prizes for every child.

Of course, a party isn't a party without lots of noshing. Included in the admission price is a light supper of hot dogs, latkes, sufganiyot (donuts) and beverages.

The celebration begins at 4:30 pm with the lighting of the candles. Tickets are \$5 per person for shul members, \$8 for non-members. For reservations call the shul office (789-3501) by December 17. Bring the entire family, bring friends, even your neighbors and dance away the last night of Chanukah at Congregation Beth Shalom.

OHW invites you to a "Klezmer Kabaret"

By Paula Silver

Ottawa Hadassah-WIZO invites you to Come to the Kabaret - the Bagg Street Klezmer Band Kabaret, on Saturday, January 30, 1999, at 8:00 pm at Agudath Israel Synagogue, 1400 Coldrey Avenue.

For centuries, Jewish musicians wandered Eastern Europe, playing for various celebrations. These troubadours developed an eclectic repertoire, influenced by the many people they encountered between the Baltic and the Black Seas. From the Hebrew for musical instruments, *Kley Zemer*, comes the name for this cosmopolitan music, *Klezmer*. Jewish immigrants brought *Klezmer* music to America in the early

1900s. The tradition waned until a decade ago when the music was rediscovered and revived by an enthusiastic new generation.

The Bagg Street Klezmer Band (BSKB) takes its name from the oldest synagogue in Quebec. Since they began playing together in 1992, BSKB has entertained thousands at concerts, multi-cultural festivals and simchas. Their joyous reelin' and spinnin' are sure to make you sing, tap and dance along with gusto!

Tickets are \$18 in advance and \$20 at the door, and are available from Debbie Goldstein (233-2024 or 820-5028), Robin Chernick (728-8110) or by calling the Hadassah-WIZO office (798-4466).

MAILBAG

Information omitted

Dear Editor,

In the November 25 issue of the Bulletin describing Beth Shalom West's Chai Anniversary program, we inadvertently omitted that the land on which Beth Shalom West stands today was donated magnanimously by the late Jack Aaron and Irving Aaron and families.

We greatly appreciate the contributions of all who made Beth Shalom West a reality.

Sara Breiner and Eric Weisbloom,
Co-Chairs

Tribute to Holocaust survivors

Dear Editor,

The Holocaust Survivors Tribute on Parliament Hill, November 18, brought into sharp focus the strengths, the survival skills and the spiritual sensibilities of the honorees.

Of the 400 nominees (all deserving, assuredly), 50 were chosen. Among them was my son-in-law Walter Saltzberg of Winnipeg.

For those of us who were fortunate enough to have been born and raised in this country, the occasion of the tribute brought ever closer the harsh realities of the experiences of these courageous people. Their accomplishments are remarkable.

How regrettable that members of the

Ottawa Jewish community weren't able to participate more fully as hosts to these special guests.

Pearl Greenberg

Response from Dr. Harry Prizant, chair of the Ottawa Shoah (Holocaust) Remembrance Committee: I share your feelings of pride and love for these survivors whom we all believe are heroes to us and future generations. Let me also share with you some other emotions, those of regret and disappointment.

The Ottawa Shoah (Holocaust) Remembrance Committee looks forward to a partnership with any organization with respect to Holocaust remembrance issues.

The organizing body that put together the November 18 tribute failed to contact our community calendar coordinator for any conflicting programs. Nor did it seek involvement from the Ottawa committee.

Promotional articles in the Canadian Jewish News mentioned me as a contact person, without my knowledge.

The Ottawa committee has proven its effectiveness in prior events that have taken place in the nation's capital, so it is unfortunate that our organization was not consulted.

Any ill feeling you may harbor should be directed to the organizational body rather than the host.



WHERE
LIFELONG
FRIENDSHIPS
BEGIN!



WHERE
MAGICAL
MEMORIES
ARE MADE!

BECOME A PART OF
OUR CAMP FAMILY



TOP RATE FACILITIES:

OLYMPIC SIZE POOL	PLAYGROUND	DANCE HALL
INDOOR GYMNASIUM	KOSHER KITCHEN	SANDY BEACH
TENNIS COURTS	FOOTBALL FIELD	BASEBALL FIELD
SOCCER FIELD	REC HALL	INFIRMARY

WASHROOMS AND SHOWERS IN ALL CABINS

EXCELLENT LANDSPORTS AND SPECIALTY PROGRAMS

FOOTBALL	ROLLERBLADING	SOCCER BASEBALL	MINI GOLF
BASEBALL	TENNIS	BADMINTON	COMPUTERS
NEWCOMBALL	SOCCER	ARCHERY	GYMNASTICS
VOLLEYBALL	BASKETBALL	ROCKETRY	ULTIMATE FRISBEE
FLOOR HOCKEY	TETHERBALL		

ON-SITE WATERFRONT PROGRAM WITH CERTIFIED INSTRUCTORS

WATERSKIING	CANOEING	KAYAKING	SWIM INSTRUCTION
SAILING	WINDSURFING	HIKING/TRIPPING	

JUDAICA, DRAMA, ARTS & CRAFTS, DANCE

TAUGHT BY QUALIFIED INSTRUCTORS

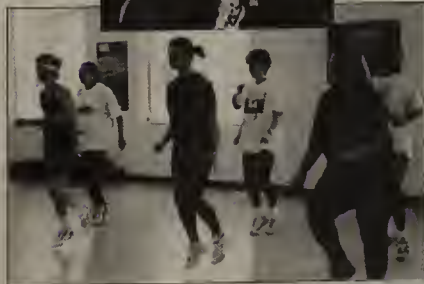
NEW THIS SUMMER - MINI GOLF COURSE

FOR INFORMATION CALL **STEVE FORMAN**, CAMP DIRECTOR: 1-800-488-6431

FOR BROCHURE, VIDEO and REGISTRATION CALL **MORLEY MASON**: 228-8495



Camp B'nai Brith of Ottawa is an Accredited Member of the Ontario Camping Association



The Centre of Your Life

PROGRAM GUIDE

**WINTER/SPRING
1999 5759**

**Chai for Chai
Membership Drive
18% DISCOUNT
FOR NEW CHAI MEMBERS!**
Offer valid until January 31 only.
Act NOW!

Soloway Jewish Community Centre
Joseph and Rose Ages Family Building
1780 Kerr Avenue, Ottawa, K2A 1R9
Tel: (613) 798-9818 Fax: (613) 798-9838



205225399

Supplement to the Ottawa Jewish Bulletin

MEMBERSHIP

חברות

Chai for Chai Membership Offer

Join the Soloway JCC NOW and save 18%
off the price of a Chai Membership.

**Savings of up to \$125
on your new Chai Membership!**

Offer available until January 31 only.
Don't delay. Call today!

Thank-you Bonus for Chai Members
who joined by November 30, 1998.
An extra month automatically added to your membership.
Free Aerobics and Aquafit Classes until September 1999.

For information call 798-9818, ext.300

REGULAR MEMBERSHIP RATES

Chai Membership:

Unlimited access to the Fitness Centre • Indoor and Outdoor Pools
and Open Gym • Unlimited use of Squash and Racquetball Courts
• Access to the Teen Lounge • Library Privileges
• Aerobics and Aquafit Classes at a nominal fee*
*Aerobics - \$18/3 months, individual; \$30/3 months, couple
Aquafit - \$15/15 classes

Family.....	\$696
<i>Two married or common-law adults and their dependent children under the age of 24.</i>	
Single Parent Family.....	\$480
<i>One parent household and dependent children under the age of 24.</i>	
Couple.....	\$600
<i>Two married or common-law adults under the age of 65.</i>	
Individual (Age 18-64).....	\$456
Senior Couple.....	\$456
<i>Two married or common-law adults, one of whom is 65 years or older</i>	
Senior Individual (Age 65+).....	\$348
Full-time Student (Age 18+).....	\$252
Youth (Age 13-17).....	\$192
<i>Youth aged 13-15 may use the Fitness Centre only if they have successfully completed the Intro to Weights and Fitness Course.</i>	
<i>GST is applicable</i>	

Kehilla Membership:

A socially-oriented membership plan that lets you enjoy most programs,
classes and sports leagues at reduced member's rates
Library privileges. Access to the Teen Lounge
(Does not include access to the Fitness Centre or Open Swim)

Family.....	\$300
Individual.....	\$200
Senior.....	\$100
<i>GST is applicable</i>	

Kavod Membership:\$1800 (GST included)

Includes Chai Family Membership
plus 6 Massages • Four Personal Training Sessions • Family Towel Service
• Free Aerobics and Aquafit • plus \$700 Tax Receipt • plus the kavod
(honour) of helping others make the Soloway JCC the Centre of their lives
by your contribution to the Soloway JCC Scholarship Fund.

All memberships at the Soloway Jewish Community Centre are for one
year. Annual fees are payable in full or in 12 monthly installments. We
accept Visa, Mastercard, American Express, post-dated cheques and pre-
authorized bank withdrawals

Becoming a member is easy.

Visit us at the Front Desk or simply call us at 798-9818, ext. 300

Membership & Program Policies available at ext. 300

HOW TO REACH US

Phone: 798-9818

Fax: 798-9839

E-mail: sjcc@jccottawa.com

Visit our Website:

www.jccottawa.com

President Jeff Gould

Chief Operating Officer

Linda Kerzner ext 268

Assistant C.O.O.

Alvin Fishman ext.239

Director of Programming

Rhona Levine ext. 253

Program Registration ext 300

Membership Information ext 300

Switchboard ext 221

Fitness Control Desk ext 288

Room Bookings ext 265

Community Calendar ext 265

The Noshery ext 281

Library ext 245

Israel Experience Centre ext 271

Ganon Preschool ext 280

THE

NOSHERY

DELI

*Come in for a great kosher
breakfast, lunch or dinner.
From hot Montreal bagels
to fresh salads and hot
smoked meat sandwiches,
we feed you well.*

*As about our catering platters
for any occasion.*

Call 798-9818, ext. 281.

Hours:

Mon - Thurs,

7:00 am - 9:00 pm

Friday, 7:00 am - 2:30 pm

Sunday, 9:00 am - 5:00 pm

HOURS OF OPERATION

Monday - Thursday	6:00 am - 10:00 pm
Friday	6:00 am - two hours before sundown
Saturday	6:00 pm - 10:00 pm
Sunday	8:00 am - 8:00 pm

HOLIDAY SCHEDULE

JEWISH HOLIDAYS

Erev Passover	March 31	Early Closing 3:00 pm
Passover	April 1 & 2	Closed
	April 6	Early Closing 3:00 pm
	April 7 & 8	Closed
Shavuot	May 20	Early Closing 5:00 pm
	May 21	Closed

CIVIC STATUTORY HOLIDAYS

We Are Open

Christmas Day	December 25	8:00 am - 3:00 pm
Boxing Day	December 26	(Shabbat) Closed
New Year's Eve	December 31	Early Closing 5:00 pm
New Year's Day	January 1	8:00 am - 3:00 pm

*Shake off the snow
and take a break from Winter
Join us at the Soloway JCC Pool
for a*

TROPICAL BEACH PARTY

Saturday, February 20, 1998

6:45 - 9:00 p.m.



**Beach Games
Fun Family Relays
Water Volleyball
Refreshments
Tropical Tunes**

FREE

for all Soloway JCC Members

Guests- \$18/Family

*Let's light our Menorah and celebrate Chanukah
as a community*

Come to the Soloway Jewish Community Centre's

CHANUKAH PARTY

*featuring the official dedication
of the magnificent, historically significant
Menorah donated to the community
by Saul and Edna Goldfarb*

Sunday, December 13

2:00 pm - Celebration

4:00 pm - Menorah Dedication

• Entertainment includes the Akiva Band
and a performance by the SJCC Jazz Dance class
• Chanukah crafts, latkes and donuts

\$8/family - Members \$10/family - Non-members



GANON PRESCHOOL

1111

Ganon Preschool Manager: Joy Levine, ext. 280

The years between birth and first grade are the most important period of a child's development. During these preschool years the foundation is laid for success and happiness in later life. As well as promoting cognitive development, these early years should foster self-confidence, life skills, trust, social skills, a sense of roots and a love of learning.

The Soloway JCC's GANON (Preschool) program is committed to providing a nurturing, enriched Jewish environment which promotes the social, cognitive, emotional and physical growth of each child.

We offer:

- Highly qualified early childhood professionals
 - A creative stimulating curriculum which fosters discovery, imagination and problem solving
 - Bright well-equipped classrooms
 - A strong partnership with parents
 - Specialty programs in the Soloway JCC gym, pool and library
- If you would like to learn more about GANON, please call Joy Levine at 798-9818, ext. 280.

Boker Tov -

Early Morning Care

Available to ALL school ages

Early morning care will be available for those parents who begin an early work day. Children will have a free play period and then be escorted to their appropriate classes within the JCC facility or to Hillel Academy. Pre-registration for session is mandatory. A minimum of 5 children is required to run this service.

Monday to Friday, 7:45 - 8:30 a.m.

Winter - Jan. 4 to Mar. 30

Spring - Apr. 13 to June 25

Supervisor: Jennifer DeVries

Cost: (W) \$186M / \$310NM

(S) \$156M / \$260NM

AFTER SCHOOL CARE

Ages 3 - 5

Children will be escorted to the Kinder Care Corner for free play and unstructured crafts after their preschool program ends. Runs throughout the school year. To register call 798-9818, ext. 300

Mon - Thurs, 3:30 - 6:00 pm

\$6 M / \$9 NM



KINDER CARE CORNER

Ages 3 months to 6 years

Enjoy some time to yourself in the Centre while we care for your munchkin. Reservations are required.

Mon to Thurs: 8:30 - 11:30 a.m.

and 3:30 - 6:30 p.m.

Friday: 8:30 - 11:30 a.m.

Sunday: 8:30 - 4:30 p.m. (reservations for Sunday must be made 48 hours in advance)

Annual Pass: \$150/child unlimited use

2-hr limit per use

Monthly Pass: \$15/child unlimited use

2-hr limit per use

Individual Use: \$5/maximum of 2 hrs

EARLY CHILDHOOD ED

For Children aged 3 - 6

ECE programs run throughout the school year

Winter - Jan. 4 to Mar. 30

Spring - Apr. 13 to June 25

Bereshith

Age 3

Bereshith provides a warm and nurturing environment for your child to develop age-appropriate preschool readiness and social skills. Hebrew, French, library and gym will be integrated into an innovative and thematic based curriculum.

Mon., Wed., Fri./Tues., Thurs./Mon. to Fri.

8:45 - 11:30 a.m. (supervision from 8:30)

Teacher: Jennifer DeVries

Cost: 2 days (W) \$450M / \$500NM

(S) \$396M / \$440NM

3 days (W) \$666M / \$740NM

(S) \$540M / \$600NM

5 days (W) \$1,116M / \$1,240NM

(S) \$936M / \$1,040NM

Garinim (AM)

Age 4

Garinim provides an exciting experience for your child using an integrated thematic approach to play and learning in English, French and Hebrew. This program also gives your child the opportunity to participate in specialty programming such as library, music and movement, gym, multi-media crafts and more.

Mon., Wed., Fri./Tues., Thurs./Mon. to Fri.

8:45 - 11:30 a.m. (supervision from 8:30)

Teacher: Jenny Levine-Shinder

2 days (W) \$450M / \$500NM

(S) \$396M / \$440NM

3 days (W) \$666M / \$740NM

(S) \$540M / \$600NM

5 days (W) \$1,116M / \$1,240NM

(S) \$936M / \$1,040NM

The Lunch Bunch

Ages 3 to 5

This supervised lunch hour will provide children with an opportunity to eat, socialize and play outside.

Monday to Friday, 11:30 - 12:30 p.m.

Supervisor: Jenny Levine-Shinder

FREE to children registered in GANON

Garinim (PM)

Ages 3 to 5

Garinim provides a stimulating, exciting program for your child using an integrated thematic approach to play and learning in English, French and Hebrew. Each day of the week focuses on a different theme utilizing specialty programming such as: swim instruction, music and movement, gym, multi-media crafts and more.

Choice of days, 12:30 - 3:30 p.m.

Teachers: Jennifer DeVries and Debra Viner

Mondays:

Hasivah Shelanu - Our Environment

This program will help your child become more environmentally aware of Mother Nature and her bounty. We will create many incredible art projects through the use of natural resources and recycled materials.

(W): The Three R's \$234M / \$260NM

(S): A Time to Grow Up \$162M / \$180NM

Tuesdays: Hilamlut - Fantasy Fun

Your child will be encouraged to develop his/her

imagination in a creative and fun atmosphere. This program also includes a 30-minute component, *All Sorts of Sports*, which will focus on specific skill development for various sports.

(W): Dinosaur Mania \$234M / \$260NM

(S): Castles and Dragons \$198M / \$220NM

Wednesdays:

Shiur Musikah - Making Music

This program includes a one-hour music, movement and theory component, as well as instrumental-making workshops and themes revolving around music and sound. Please note: Additional cost for music teacher reflected in fees.

(W): Making Instruments \$240M / \$264NM

(S): Sounds All Around Us \$220M / \$242NM

Thursdays:

Mischakey Mayim - Waterworks

This program includes a 30-minute swim instruction period and 15 minutes of free swim. The remainder of the afternoon will be devoted to activities in the classroom related to a water theme.

(W): The Ocean \$216M / \$240NM

(S): Water Art \$198M / \$220NM

Fridays: Yahadut - Jewish Joys

This program highlights the joys of being Jewish and promote pride in our heritage. Through music, dance, cooking and crafts, your child will experience and celebrate the special festivals and traditions of Judaism.

(W): A Trip to Israel \$216M / \$240NM

(S): My Synagogue \$180M / \$200NM

BABES TO THREES

Taf - Time for Twos

Age 2

This "slow separation" nursery program, with gradually decreasing parent/caregiver interaction, will allow the child to develop creativity, curiosity and independence through play, art, music and more!

Monday, Tuesday, Thursday, 9:00 - 11:00 a.m.

Choose two or three days

(W) Jan 4 - Mar 29

2 days \$350M / \$400 NM

3 days \$532 M / \$608 NM

(S) April 13 - June 24

2 days \$280 M / \$320 NM

3 days \$434 M / \$496 NM

Musical Twos n' Threes

Ages 2-3 (with adult)

A music and movement program that will inspire the budding musician in your child.

Wednesday, 10:30 - 11:30 am

Teacher: Nancy Lockwood

(W) Jan. 6 - Mar 24 \$96M / \$120NM

(S) Apr 14 - June 23 \$88M / \$110NM

Musical Babes

Ages 9-23 months (with adult)

Through song, movement, fingerplays and the use of instruments we will introduce your child to rhythm and music. A great way to parent and baby to enjoy each other.

Wednesdays, 9:00 - 10:00 am

Teacher: Nancy Lockwood

(W) Jan 6 - Mar 24

\$96 M / \$120 NM

(S) Apr. 14 - June 23

\$88 M / \$110 NM

Shabbat Shalom Drop-in

Ages 18 months to 2 years (with adult)

Adults and children will bring in Shabbat and the Holidays together through music, movement, crafts, stories and traditional celebrations.

Fridays, 9:00 - 11:00 a.m.

(W) Jan. 8 - March 26

(S) April 16 - June 26

Teacher: Suzi Sauve

\$5.00

SUNDAY PROGRAMS

Bagels and Books

For preschoolers and parents

Sponsored by Soloway Wright

"Celebrity" storytellers read their favourite books.

Come and enjoy a story and a nosh

with your family

and friends. First

Sunday of each month, 11:15 - 11:45 a.m.

Jan. 3 - Joy Levine; Feb. 7 - Saul Jacobson;

Mar. 7 - Cantor Daniel Benlolo; Apr. 4 - Flo-

ralove Katz; May 2 - Molly Knoll; June 6 - Gary

Barwin

Cost: FREE

Amazing Science

Ages 3 to 5

Two hours of amazing and crazy science stuff. Look out Einstein, your proteges may take over!

Sundays, 9:00 - 11:00 a.m.

Jan. 10 - Mar. 28 (12 classes)

Teacher: Suzi Sauve

\$168NM / \$192M

Cooking with the Kinder

Ages 3 to 5

A hands-on cooking class that requires no cooking! We will create a variety of fun and edible dishes that will bring out the "chef" in all!

(aprons a good idea)

Sundays, 9:00 - 11:00 a.m.

Apr 13 - June 20 (10 classes)

Teacher: Suzi Sauve

\$140 M / \$160 NM



CHILDREN

Youth Programs Manager: Ellen Miller, ext. 227



The After School Centre

When the school day is over your child can unwind in a safe and friendly setting, have a kosher snack, play some games and get started on homework. This service runs Monday to Thursday for the entire school year. Use it on a daily basis or just when you need it. Pre-registration is required.

Starts: Monday January 4
3:45-6:00 pm
\$6M/\$9NM

SPECIAL INTERESTS

Creative Crafts

Grades 3-6

A program for young children who enjoy exploring the wonderful world of art. Various projects will be done each week, focusing on a different creative craft.

Mondays 4:30-5:30 pm
(W) Jan 11-March 8 (9 sessions)
Instructor: Natalie Gelman
\$50M/\$80NM

Beading

Grades 3-6

Come out and discover the wonderful world of beads. Make great jewelry for yourself or as gifts.

Mondays 4:30-5:30 pm
(S) March 22- May 31 (6 sessions)
\$50M/\$80NM

Games, Games, Games

Grades 4-8

Relax after school with your friends and play a game of chess, backgammon, cards, monopoly, clue, etc.

Tuesdays 4:30-5:30 pm
(W) Jan 12- March 9 (9 sessions)
(S) March 23- June 1 (9 sessions)
Instructor: Michael Saper
\$30M/\$45NM

Jewish Scouting

The Henry Hank Torontow
39th Ottawa Beaver Colony
and Cub Pack

Meetings take place at 881 Broadview

Coed Beavers, Ages 6 - 7

Wednesdays, 6:30 - 7:45 pm

\$55 Meeting dues - \$1.00

Leaders: Lisa Levitan, Neil Gotfrit,
Howie Osterer

Co-ed Wolf Cubs, Ages 8 - 10

Wednesdays, 6:30 - 8:00 pm

\$55 Meeting dues - \$1.00

Leaders: Aaron Cohen, Steven Shapransky,
Sharon Gotfrit

ילדים

Young Entrepreneurs

Grades 4-8

This course will take you into the world of business. You will get an overview of business law and commerce and try your luck at investing in the stock market. Participants in this course will be working in smaller groups divided according to age.

Wednesday 4:30-5:30 pm
(W) Jan 13-March 10 (9 sessions)
(S) April 14- June 16 (9 sessions)
Instructor: Mark Hecht
\$60M/\$90NM



Weaving

Grades 3-8

Come to the loom room and learn how to weave your own special project. You could make a challah cover, tallith bag or wall hanging. Child-sized looms make learning this skill easy at any age.

Tuesdays, 4:30-5:30 pm
Jan 12- Feb 16 (6 sessions)
Thursdays, 4:30-5:30 pm
Feb 18 - March 25 (6 sessions)
Wednesdays, 4:30-5:30 pm
April 14 - May 26 (6 sessions)
Instructor: Shirley Brownsky, Master Weaver
\$60M/\$90NM includes cost of materials

Drama

Grades 3-8

This is your chance to be a star! We are looking for kids who want to test out their talents. Learn some lines, make costumes and sets and have a great time. There are no tryouts, everyone is welcome. We will be putting on a play at the end of the session.

Sundays 10:30 am-12:00 pm
(W) Jan 17-April 4 (9 sessions)
Instructor: Sylvia Greenspoon
\$55M/\$82NM

Junior Cartoonist Club

Grades K-3

Learn how to create and draw all types of cartoons. You'll learn how to draw different expressions and faces, wacky animals, aliens and dinosaurs and participate in fun projects such as making trading cards, glow-in-the-dark cartoons and animation fun.

Sundays 1:30-2:30 pm
(S) March 28 - June 13 (9 sessions)
\$90M/\$135NM

Bike Maintenance

Grades 6-8

This program is designed for those youth who are interested in biking and would like to look after their bikes properly. Learn when and how to replace tires and how to wash your bike so that it doesn't rust. This course is gender neutral.

Sunday 1:30-2:30 pm
April 25- June 13 (6 classes)
\$60M/\$90NM

Supersitters

(11 years plus)

This course is offered in conjunction with the St. John Ambulance. It helps future babysitters prepare for the challenges of looking after children. The material covered in this course includes: safety, conflict resolution, and emergency procedures. Participants will be expected to participate in both the theory and the practical elements and successfully complete a final test covering both areas in order to receive their certificate.

Two Sundays 1:00 - 4:00 pm
(W) Feb 14 and 21
(S) May 9 and 16

Instructor: St. John Ambulance
\$38M/\$58NM

DANCE

Hip Hop Dance

Ages 8 - 10

Learn some awesome moves while having a really fun time. Culture Shock Canada's dance presenter Angie Ward will teach you the latest and hottest hip hop choreography.

Thursdays 4:15 - 5:00 pm
(W) Jan 14 - March 11
(S) April 15 - June 17
Instructor: Angie Ward
\$65 M / \$85 NM

Hip Hop Dance

Ages 11 - 13

Culture Shock Canada's dance presenter, Angie Ward, brings you the latest and hottest hip hop choreography.

Tuesdays, 4:15 - 5:00 pm
(W) Jan 12 - March 9
(S) April 13 - June 15
\$65 M/ \$85 NM

Pre-Ballet

Creative Movements

Aleph

Ages 4-6

Introduction to ballet through music, rhythm, instruments and the use of simple props. Non-competitive, and friendly atmosphere.

Sundays 10:30-11:30 am
(W) Jan 10- Feb 28 (8 sessions)
Instructor: Rebecca Cook
\$65M/\$103NM

Pre-Ballet

Creative Movements

Bet

Ages 4-6

For children who have taken Pre-Ballet Creative Movements Aleph or have taken a ballet class and want to learn more.

Sundays 10:30-11:30 am
(S) April 11-June 20 (9 sessions)
\$75M/\$113NM

Pre-Primary Ballet - Aleph

Ages 8-10

Introduction to classical ballet with emphasis on correct posture, basic positions, step and music development. Friendly, non-competitive setting.

Sundays 11:30 am - 12:30 pm
(W) Jan 10 - Feb 28 (8 sessions)
Instructor: Rebecca Cook
\$65M/\$103NM

Pre-Primary Ballet - Bet

Ages 8-10

For children who have had some previous ballet experience. This class will continue to build on their skills.

Sundays 11:30 am - 12:30 pm
(S) April 11- June 20 (9 sessions)
\$75M / \$113NM



Jr Jazz Bet

Ages 5-7

For children who have had an introduction to Jazz. Work on your jazz steps and learn new techniques and routines.

Sundays 2:30-3:30 pm
(W) Jan 10-Feb 28 (8 sessions)
Instructor: Rebecca Cook
\$65M/\$103NM

Jazz Bet

Ages 8-10

Build on the routines learned in your introductory Jazz class and create longer, more technical programs

Sundays 1:30-2:30 pm
(W) Jan 10 - Feb 28 (8 sessions)
Instructor: Rebecca Cook
\$65M/\$103NM

Jazz Aleph

Ages 11-13

An introduction to jazz dance for older youth. Learn basic jazz techniques and steps and create your own jazz-oriented choreography.

Sundays 3:30-4:30 pm
(W) Jan 10 - Feb 28 (8 sessions)
Instructor: Rebecca Cook
\$65M/\$103NM

WEEKEND FUN

**Sunday Fundays are back -
and more fun than ever
at the SJCC!**

For kids in Grades 1-8

What could be better than spending your whole afternoon at the SJCC?

Every Sunday we will do some arts and crafts, go to the gym, swim and play games.

Sundays 11:00 am - 4:00 pm
(W) January 10-February 28 (8 sessions)
\$50M / \$100NM*

Lunch Option: \$40/8 lunches or bring a pareve lunch.

* Children may also join Sunday Funday on an occasional basis.

Cost: \$10 M / \$20 NM. Lunch option: \$5/day.

Sunday Potpourri

Each week we will plan a different event depending on what the group wants to do. A few of the many possibilities include: swimming, arts and crafts, t-shirt painting, tie-dyeing, games, and outdoor fun.

Ages 5-8

Sundays 1:00-2:00 pm
(S) March 28-June 13 (9 sessions)
Instructor: Shira Chochinov
\$30M/ \$50NM

Ages 9-12

Sundays 2:30-3:30 pm
(S) March 28-June 13 (9 sessions)
Instructor: Shira Chochinov
\$30M/ \$50NM

Social Dance

Grades 7-8

Come to the Solway JCC to dance, meet up with friends and have an amazing time!
Professional DJ, refreshments and a great party setting. Circle this day on your calendar!
Saturday March 27
\$7M/\$10NM

Mix 4-5-6 Club

Grades 4-6

This social club meets to explore Ottawa fun spots, enjoy social activities and get together with new and old friends from all over the city. Activities take place on Saturday nights or Sunday afternoons. Don't miss out on the fun, Call Ellen at 798-9818 ext. 227 to get on the mailing lists.

SCHOOL'S OUT FUN'S IN

March Break Camp

Come and enjoy the good times at the Soloway JCC. A whole week of games, sports, swimming and fun! Please bring a parve lunch.
March 15-19, 8:30 am - 4:00 pm
\$150M / \$225 NM; \$30 M / \$45 NM per day;
\$15 M / \$18 NM each additional child
Registration Deadline: February 26

P.D. Day Programs

Ottawa-Carleton District School Board

Friday, February 19 8:30 am-3:00 pm
Friday, March 26 8:30 am-3:30 pm
Hillel Academy

Friday, February 19 8:30 am-3:00 pm
Monday, February 22 8:30 am-4:00 pm
\$30M / \$45 NM per day
\$15M / \$18 NM each additional child

Passover Fun Camp

A chance to get together with your friends during the holiday and enjoy all the fun things the Soloway JCC has to offer — swimming, sports, games, crafts and more. Lunch included.
Mon, April 5 8:30 am - 4:00 pm
Tues, April 6 8:30 am - 3:00 pm
\$62 M/ \$93 NM
Registration Deadline: March 19

After Care 4:00 - 6:00 pm
\$6 first child / \$3 second child

YOUTH ATHLETICS

Youth Athletics Manager:
Jon Braun, ext 267

JCC Ski School at Edelweiss

(Please see ad on page 23 of the Bulletin)

Afterschool Sports

Grades K - 2

Run off that energy after school with your friends while you learn the basics of floor hockey (Winter) and soccer (Spring).
Mondays, 4:00 - 5:00 pm
Jan 11 - April 5 - Floor Hockey
\$60 M/ \$90 NM

Afterschool Sports

Grades 3 - 5

Learn the basic skills of various sports while you unwind after school.
Sports include basketball, floor hockey, soccer and lacrosse.
Tuesdays, 4:00 - 5:00 pm
Jan 12 - April 6 - Floor Hockey
\$60 M/ \$90 NM

Girls Only Floor Hockey

Grades 4 - 7

This program emphasizes skills development through instruction and scrimmages. It hopes to prepare and encourage girls to continue in sports in high school.
Floor hockey will be offered in the Spring.
Thursdays 4:00 - 5:00 pm, Jan 14 - April 8
\$60 M/ \$90 NM

Junior Gymnastics - Beginner

Grades K - 3

An introduction to the wonderful world of gymnastics with the emphasis on fun. Learn to do forward rolls, handstands, and cartwheels. Skills on the balance beam and bars and vaulting will also be taught in a caring, supportive atmosphere.
Classes will be divided into two groups: Grades K-1 and 2-3.
Sundays 1:10 - 2:30 pm, Jan 10 - March 28
\$85 M/ \$105 NM

Junior Gymnastics - Intermediate

Grades 1 - 3

For kids with some gymnastics experience. Advanced moves will be taught including:
Floor - one arm cartwheels, straddle handstands, walkovers handsprings
Beam - cartwheels, rolls, walkovers
Vault - straddle, handsprings
Wednesdays 4:10 - 5:30 pm
Jan 6 - March 31
\$85 M/ \$105 NM

Pre-Teen Floor Hockey

Grades 6 - 8

A great way to run off some of that energy and have a great time with your friends.
Thursdays 6:30 - 8:00 pm, Jan 7 - April 29
881 Broadview gym
\$50 M/ \$75 NM

Karate Kids

Ages 7 - 13 See page PG 7

Kickboxing/Self Defence

Ages 7 - 12 See page PG 7

The Maccabi Club

For kids in Grades 5 - 7

If you like sports, this Club is for you!

The Maccabi Club meets weekly to participate in a variety of sports including volleyball, soccer, gymnastics, basketball, floor hockey, fencing, skating and more. Trips to sporting events will also be organized.
Tuesdays 6:30 - 7:30 pm, Jan 5 - April 13
\$35 M/ \$50 NM

Sports Birthday Parties

Sunday Afternoon
881 Broadview
gymnasium

If you and your friends like sports, this is a great way to celebrate your birthday!

You pick the sport - basketball, floor hockey, soccer. We take care of the rest.
Cost: \$100. Call Jnn Braun at ext 267

HAPPY BIRTHDAY

THE SOLOWAY JCC
IS IN THE BIRTHDAY BUSINESS
We offer great parties at great prices!

Simcha Mitzuyenet:

one hour activity, decorated party room, one party coordinator, birthday cake, drinks and snacks, paper party goods, loot bags
\$10/child M \$13/child NM

Simcha Niflea:

one hour activity, decorated party room, one party coordinator
\$8/child M \$11/child NM

Simcha G'dolah:

one hour activity, one party coordinator
\$6/child M \$9/child NM

Get into the Act!!

The Soloway JCC is pleased to announce a collaboration with

THE OTTAWA SCHOOL OF
speech drama
in association with The National Arts Centre English Theatre

OSSD has a wealth of experience in the teaching of drama to children, youth, and adults in the Region. Starting in January, 1999, an OSSD instructor, under the guidance of Artists Director Natalie Stern, will teach our drama classes.

Drama Works

Ages 6-8, 9-11

Working with their peers, children learn, through dramatic play, to convey ideas, feelings and emotions. Drawing on books, poetry, music and art, they learn to analyze, critique, and draw reasoned conclusions from what they see and hear.

Drama Works introduces students to active and thoughtful role playing, as well as to work in Theatre Games, Mask, Movement, Improvisation and Creative Speech. By engaging in these learning areas, students acquire listening, thinking, speaking, problem solving and decision making skills. The dramatic process will, over time, encourage the students towards a greater confidence in themselves and help to build a stronger sense of initiative, responsibility, commitment and creativity.

Creating a Character

Ages 12-13, 14-16

(This program would require participants to register for two 8 week sessions to allow for all the work to be developed.)

This course is for students who wish to explore the practical and performance aspects of Theatre. Participants will develop an awareness of their performance skills and abilities while working co-operatively to present their work at the end of the session.

Topics covered:

Improvisation - Building skills and creating the who, what and where of character. A variety of fun theatre games and exercises are used to teach techniques and strategies for improvising a scene from beginning to end.

Movement - Looking at non-verbal ways to develop character and create the physical expression of place, character and emotion.

Voice - Understanding the importance of voice in theatre

Participants will have the opportunity to apply the skills learned, by developing a performance piece based on performance text. The group will present its "work in progress" at the end of the second 8 week session.

While having fun, participants will learn about acting and performance. The emphasis is on doing. Each class will involve individual and group participation.

Thursdays, Jan 14 - March 4 (8 weeks)

4:15 - 5:30 pm - ages 6-8

5:30 - 7:00 pm - ages 9 - 11

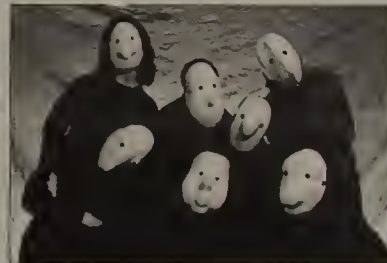
7:00 - 8:30 pm - ages 12 - 13

8:30 - 10:00 pm - ages 14 - 16

\$90 M/ \$125 NM

14 participants maximum per class

Registration Deadline: January 7



TEENS

Youth Programs Manager: Ellen Miller, ext. 227
Youth Athletics Manager: Jon Braun, ext. 267

Hip Hop Aerobics

Grades 9 - 13

This class consists of a series of hip-hop/funk jam moves which are linked together into a routine combination. By the end of each class you will have had a great aerobic workout in a fun environment and learned a variety of fabulous moves which will enhance your dancing skills. Express yourself and have a great time!
 Sundays 6:30 - 7:30 pm
 (W) Jan 10 - Feb 28 (8 sessions)
 (S) April 11 - June 13 (8 sessions)
 Instructor: Keren Lipnowski
 \$50 M / \$75 NM

Mellow Yellow Yoga

Grades 9 - 13

Develop a calm and vibrant stance to life as you increase your strength, flexibility, and balance in this yoga course designed specifically for teens. Dress in loose-fitting clothing and try not to eat for at least an hour before this class.
 Mondays, 7:45 - 9:00 pm
 (W) Jan 11 - March 8
 (S) March 22 - May 17
 Instructor: Katherine Shapiro-Moss
 \$60 M / \$90 NM

Teen Floor Hockey

Grades 9 - 13

Fast paced action in a friendly pick-up format.
 Thursdays 8:00 - 9:30 pm, Jan 7 - April 29
 881 Broadview gym
 \$50 M / \$75 NM

Teen Basketball - House League

Grades 7-12

An instruction-based program within a house league format. Designed to help develop players for the JCC Maccabi Youth Games or to help any teens who are interested in improving their game.
 Mondays 6:30 - 8:30 pm, Jan 4 - April 12
 \$50 M / \$75 NM

Teen Volleyball Co-ed

Grades 7 - 12

A four-team house league type format. A great way to meet teens from all over the city and have a high energy workout.
 Tuesdays 7:30 - 8:30 pm, Jan 5 - April 13
 \$50 M / \$75 NM

Upcoming Special Events...

Mountain Biking - Interested bikers will decide on a course that will accommodate their skills and desires.
 Nutrition Course - Forget all those fad diets and spend an evening talking to a nutritionist about healthy eating
 Self-Esteem Course - Learn how to be good to yourself.

Upcoming City-Wide Events

Baseball Tournament and BBQ
 Pool Party

Theatreworks is pleased to announce its production of the hit musical



April 28 to May 2, 1999

נוער

TEEN LOUNGE

A special place just for teens at the Soloway JCC.

Equipped with a pool table, stereo equipment, television and lots of comfy seating, this is definitely the spot to meet up with your friends and make new friends.

Teen Lounge Policies:

In order to use the Teen Lounge you must
 • be between the ages of 13 and 19*
 • be a member of the Soloway JCC (membership card required)
 or you can pay a drop-in fee (\$1.00) at the front door and get your hand stamped.

Hours of Operation:

Mon - Thurs, 12:00 - 9:00 pm
 Friday 12:00 - Shabbat Closing
 Saturday 6:00 - 10:00 pm (Dec - Feb)
 Sunday 12:00 - 5:00 pm
 *New... New... Sunday is Preteen Day (ages 10 - 13) in the Teen Lounge

B'nai Brith Youth Organization

For youth in Grades 9 - 13

BBYO is divided into two groups: Aleph Zadik Aleph (AZA) for boys and B'nai Brith Girls (BBG) for girls.

BBYO offers youth an opportunity to grow in many different ways. In BBYO, there is something for everyone, including social, athletic, cultural, religious, and community service programs. New members are always welcome. For information call: AZA - Stuart Rothman, 726-0010; BBG - Natalie Abenhaim, 721-6023.

THE GREENBERG FAMILIES LIBRARY

Librarians: Estelle Backman and Donna Guttman, ext.245

A beautiful modern facility with computers and Internet access, the Library is home to an extensive Judaica collection including best-sellers, non-fiction, reference material, Yiddish classics, magazines, learned journals, Jewish newspapers, CD-ROMs, videos and a new and growing children's collection.

All Members have full library privileges. Membership is also open to the community:
 Family - \$25; Individual - \$18;
 Student - \$10; Seniors - \$15

Upcoming Library Programs

Book Discussion Group
 Wednesday, Feb 10, 2:00 pm - *Thirst* by Shulamit Haravan

Jewish Lecture Series
 Sunday, Jan 24, 2:00 pm - *Exploring Jewish Software* Speaker: Rabbi Ely Braun

Jewish Film Club
 Sunday, Jan 17, 3:00 pm - *A Life Apart: Hasidism in America*

Library Hours:
 Mon - Thurs, 10:00am - 8:00pm;
 Fri, 10:00am - 2:00pm; Sun, 10:00 am - 4:00pm

ADULTS

Adult /Seniors Programs Manager: Elayne Schacter, ext. 276

Intro to Swing & Salsa

It's Thursday night and you're recording *Friends* and *ER*. Why? Because you're out learning how to swing, spin and salsa! No experience needed, no partner needed. In fact, no talent needed. Come for some fun, some socializing and learn the basics (and more!) of the coolest dancing hitting today's club scene.
 Thursdays, 8:00 - 9:30 pm, Jan 14 - March 11
 Instructor: Raphaël Rostenne
 \$50 M / \$75 NM

Decorative Tole Painting

Decorative painting on wood is a wonderful way to personalize your home. This six-week beginners class for young and old will teach you different techniques and you will complete 2-3 projects. One time cost for supplies (brushes, palettes, etc.) \$95. Cost for 2-3 projects approx. \$45.
 Tuesdays, 6:45 - 8:45 pm
 (W) Jan 12 - Feb 16; (S) Feb 23 - April 27
 Wednesdays, 9:30 - 11:30 am
 (W) Jan 13 - Feb 17; (S) Feb 24 - April 21
 Instructor: Jane Anderson
 \$60M/\$90NM

Ceramic Art Painting

Create a family treasure! Working on bisque-ware, you will learn brush strokes, glazing techniques and other elements of ceramic painting. Purchase the pieces of your choice and work at your own pace with a professional on hand to provide instruction.
 Mondays, 10:00 am - 12:00 pm
 (W) Jan 11 - Feb 15; (S) Feb 22 - April 12
 Wednesdays, 7:00 - 9:00 pm
 (W) Jan 13 - Feb 17; (S) Feb 24 - April 21
 Instructor: Joan Nicholson
 \$60M / \$90 NM

Beginners Bridge Lessons

Geared to people who wish to learn Bridge or begin playing again after a long absence. Each class will consist of a lesson, followed by bidding and playing practices.
 Thursdays, 7:30 - 9:30 pm, Jan 14 - March 25
 Instructor: Denise Belanger
 \$60 M / \$75 NM

Intermediate Bridge Lessons

For people who have taken a Beginning Bridge class or those who have played the game before and want to brush up and learn modern bidding methods. Each class will consist of a lesson followed by bidding and playing practices.
 Tuesdays, 7:30 - 9:30 pm, Jan 12 - March 23
 Instructor: Denise Belanger
 \$60 M / \$75 NM

Drop-in Bridge

Bring your favourite partner or come out alone. Games are for all ability levels from novice to expert. We will play either Chicago of social as numbers warrant. Prizes will be awarded. Everyone is guaranteed an enjoyable time!
 Every Tuesday, 1:00 - 3:30 pm
 Director: Pat Bradley
 \$5 M / \$6 NM

Introduction to Yiddish

Learn the basics of our Mamme Loshen. This formal class will look at reading, writing and conversational skills. Whether you are a beginner or someone who hasn't spoken Yiddish for many years, this course will get you started.

מבוגרים

Tuesdays, 7:30 - 8:30 pm
 Jan 21 - Feb 16
 Instructor: Chaya Leah Berger
 \$36 M / \$50 NM

Introduction to Word Processing

An introductory course explaining the functions and features of basic Word Perfect Suite 8.0 for Windows 95.
 Monday, 7:30 - 9:00 pm
 Jan 11 - March 8
 Instructor: Kelly Green
 Sunday, 9:30 am - 12:30 pm
 Feb 14 - Feb 28
 Instructor: Lynne Leclerc
 \$100 M / \$150 NM

Drop-in Chess

Ask for chess board at The Noshery.



Mixed Afternoon Bowling League

Meet, mingle and come out for an afternoon of fun at the Queensway Bowling Lanes. We will play three games of 5-pin bowling. Young and old are welcome. Come by yourself or bring your own team. Free babysitting on site is available with pre-registration.
 Wednesdays, 1:00 - 3:30 pm
 (W) Jan 6 - Feb 24
 (S) March 3 - April 28
 \$64 M / \$80 NM
 (includes 3 games and shoe rental)

Returning in March...

The Yiddish Hour - Tuesdays, 10:00 am
Shir-am Choral Group - Tuesdays, 11:00 am
 Two great programs for one low price of \$39. Members only.

SENIOR GROUPS

Adults for Lively Leisure

Meets the third Thursday of each month for invigorating lunch and learn program. Cosponsored with Jewish Family Services

Golden Age Club

Meets each Monday afternoon for a variety of programs including speakers, entertainment, trips, chair exercise, movies and bingos. For more information please call Elayne at 798-9818, ext. 276. Watch Chailights for details.

Jewish Active Seniors (JAS)

Stimulating programs and outings for the active YOUNG senior. For more information please call Elayne at ext 276. Everyone welcome.
 Coming up Dec. 20, 1:00 - 2:30
 Lecture: *The Christmas Dilemma* Speaker: Rabbi Ely Braun

Seniors Morning Drop-in

Come to the Soloway JCC for a friendly get together
 Monday to Friday, 9:00 - 11:30 am
 in the Teen Lounge

There's comfortable seating, a pool table, board games, a stereo and a VCR
 Play cards or chess, watch a film or just schmooze.
 FREE for members/ \$1.00 for guests.

FITNESS

Fitness/Aerobics Manager: Carla Gencher, ext. 278

AEROBICS

The Soloway JCC offers a wide variety of aerobics classes to get you moving and keep you excited about staying fit.

Classes run throughout the year, including Christmas, New Year and March Break. No classes during Jewish holidays.

Session 2: December 14 - March 14

Session 3: March 15 - June 20
Session 4: June 21 - September 12

Aerobics Passes

Chai Members:

Individual \$72/year; \$18/3 month session
Family \$120/year; \$30/3 month session
(Max. 2 people)

Kehilla Members & NM:

\$360/year or \$90/3 month session

SOLOWAY JCC AEROBICS SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Sunday
8:30 - 9:30 am						Hi/Lo Abs n' Back
9:30-10:30 am	Hi/Lo Abs n' Back	Basic Step	100% Low	Step n' Abs	Low n' Sculpt	
9:30-10:45 am						20/20/20
12:15-1:00 pm	Low n' Abs	Step n' Abs	Low n' Sculpt	Step n' Low	100% Low	
4:30 - 5:30 pm	100% Low		Hi/Lo Abs n' Back			
5:30 - 6:30 pm	Basic Step	100% Low	Step n' Abs	Beginner Low Impact		
630 - 7:30 pm		Low n' Sculpt	Body Sculpting	Step n' Low		

Rhythmic Fitness with Doreen Keir

An ideal class for the older adult or those who are taking aerobics for the first time.

A variety of aerobic components and stretching techniques help you work towards improving your muscle tone, strength, endurance and flexibility. A supportive social atmosphere and varied music keep participants coming back.

Mon - Thurs, 9:30 - 10:30 am

(W) Jan 4 - March 14

(S) March 15 - June 20

M \$120/yr or \$30/3 month session

NM \$360/year or \$90/3 month session

FITNESS CENTRE PROGRAMS

Only Chai members over the age of 16 or teens aged 13 - 15 who have successfully completed the Introduction to Weights and Fitness course are permitted in the Fitness Centre.

*Programs in the Fitness Centre
open to Chai Members ONLY*

New Beginnings

Your first step to the new fit you! This introductory program, offered to all beginners in the Fitness Centre, teaches you proper body alignment, muscular strength and endurance exercises, cardiovascular training and stretching.

Mon & Wed, 7:30 - 8:30 pm

Instructor: Linda Prud'homme

(W) Jan 11 - March 24

(S) April 12 - June 16

Tues & Thurs, 9:30 - 10:30 am

(W) Jan 12 - March 25

(S) April 13 - June 17

Instructor: Eric Zunder

Chai Members \$95

S.O.S. (Strong Over Sixty)

For older adults aged 55+

Many older adults would like to get fit but are hesitant about using weights. We will set you up for success with a guided exercise and weight training program geared to reducing your risk of developing osteoporosis and bone loss in the coming years. You can stay strong and independent in your 60's, 70's and even 80's.

Mon & Wed, 10:30 - 11:30 am

(W) Jan 11 - March 24

(S) April 12 - June 16

Instructor: Carla Gencher

Chai Members: \$95

Introduction to Weights & Fitness

For teens aged 13 - 15

A guided course specially designed for the young teen. Participants will learn how to safely use the equipment in the Fitness Centre. The course will also cover related fitness topics such as: nutrition, healthy body weights, equipment know how and exercise plans suitable for the young teen.

Sunday, 1:00 - 2:00 pm

(W) Jan 10 - Feb 28

Instructor: Liz Lesh

Chai Members: \$80

Teens & Weights

Ages 16 - 19

Learn the basics of working out in the Fitness Centre with other teens in a fun, social atmosphere

Wed., 4:00 - 5:00 pm

(W) Jan 13 - March 24

Instructor: Linda Prud'homme

Chai Members: \$65

Women & Weights

An introduction to the equipment, principles and techniques for training with weights. Emphasis is placed on proper body form and execution of exercises while working to improve muscular strength and body tone.

Monday, 9:30 - 10:30 am

(W) Jan 11 - March 22

(S) April 12 - June 14

Instructor: Eric Zunder

Chai Members: \$65

Fitness Testing

Ages 16+

A complete fitness evaluation using the CPAFLA (Canadian Physical Activity Fitness Lifestyle Assessment) guidelines.

To book an appointment please contact the Fitness Desk at 798-9818 ext. 288

Chai member: \$40

Personal Fitness Training

Enjoy the benefits of one-to-one training with our highly-qualified Certified Personal Trainers. See results with an exercise program designed to your own needs, goals and desires.

Chai Members: \$40/hourly session

4 sessions for \$150 - save \$10

8 sessions for \$290 - save \$30

12 sessions for \$425 - save \$55

SPECIAL INTEREST

Open to all Members and Non-Members

Back in Action

Over 80% of our population will experience back pain at some point in their lives. The proper exercise can prevent many back pain problems. This course will teach you the key exercises to strengthen, stabilize and stretch your spine, and incorporate back exercises into your regular workout.

Wednesdays, 7:15 - 8:30 pm

(W) Jan 13 - Feb. 10

(S) April 14 - May 12

Instructor: Helen Zipes, physiotherapist

\$60 M / \$80 NM

Babycize

For Moms & Babies aged 3 - 18 months

A fun bonding experience for mother and her new baby. Come out and enjoy a hands-on mom and baby workout including infant massage, flexibility and stretching lullabies and nursery rhymes.

Mothers will also participate in muscle toning exercises to help them get back into shape.

Mondays, 10:30 - 11:30 am

(W) Jan. 11 - March 22

(S) April 12 - June 14

Instructor: Lori Meyers

Karate Kids

Ages 7 - 13

Learn Karate techniques in a class which emphasizes non-violence and self-control. A fun way to exercise and a great way to foster personal growth.

Mondays, 4:00 - 5:00 pm

(W) Jan 11 - March 22

(S) April 12 - June 14

Instructor: Gennady Mishkis

\$65 M / \$85 NM

Kickboxing/Self-defence

Ages 7 - 12

Learn body balance, concentration, blocks, kicks and strikes while having a fun workout. This course will cover sparring and boxing drills, speed reaction drills, multiple attackers defence and more.

Sundays, 1:00 - 2:00 pm

(W) Jan 10 - March 28

(S) April 11 - June 13

Instructor: Gennady Mishkis

\$65 M / \$85 NM



Kickboxing/Self-defence

Develop agility and concentration and learn self-defence techniques in this exciting course.

Ages 13 - 18

Wednesdays, 8:00 - 9:15 pm

(W) Jan 13 - March 24

(S) April 14 - June 16

\$70 M / \$90 NM

Ages 18+

Tuesdays, 8:00 - 9:15 pm

(W) Jan 12 - March 23

\$70 M / \$90 NM

(S) April 13 - June 15

\$65 M / \$85 NM

Instructor: Gennady Mishkis

Running Clinic

with instructor Eric Zunder.

Coming up in the Spring.

Tai Chi

Ages 16+

This Chinese martial arts discipline combines the fundamentals of self-defence with beautiful continuous rhythmic movements and breathing techniques. It develops strength, flexibility and coordination while increasing cardiovascular efficiency. A great mind and body stress-reducing program.

Tuesday, 1:00 - 2:00 pm

Instructor: Amalia Weiner

Tuesdays, 5:00 - 6:00 pm

Instructor: Anne Tompkins

(W) Jan 12 - March 23

(S) April 13 - June 15

\$75 M / \$95 NM

Power Yoga

Ages 16+

Charge up your batteries for the week! Learn a series of exercises and postures which will elevate your heart rate, strengthen your body and mind and stretch every muscle from your head to your toe. Your body, mind and spirit will love you for it!

Monday, 9:30 - 10:30 am

(W) Jan 11 - March 22

(S) April 12 - June 14

Instructor: Janice Tokaryk

\$75 M / \$105 NM

Yoga

Ages 18 +

Relax your body and relieve some of that stress with Hatha Yoga. The emphasis is on flexibility, body strengthening, balance, posture, centering, breathwork and meditation.

Thursdays, 7:45 - 9:15 pm

(W) Jan 14 - March 25

(S) April 15 - June 17

Instructor: Leonard Shore

\$80 M / \$110 NM

Massage Therapy

Ages 16 +

The benefits of massage therapy include: stress reduction, relaxation, increased circulation throughout the body and reduced muscle tension. It can also reduce pain, swelling and inflammation, and aid recovery from injury.

Registered Massage Therapists: Irene Gunn, Glenn Martin, Olaf Vanderputten

\$60/hour \$35 / 1/2 hour

To book appointment please call the Fitness Desk at ext. 288.



ATHLETICS ספורט

Athletics & Leagues Manager:
Jon Braun, ext. 267

Indoor Soccer

World Cup Soccer madness comes to the Soloway every Monday night. A great workout and a fun way to stay in shape during the winter months. Get your foot in the action!
Mondays 8:30 - 10:00 pm, (W) Jan 4 - April 12
\$50 M / \$75 NM

Co-ed Volleyball

A recreational, just-for-fun format. Meet new people and have a great workout in the new Soloway gym. No previous experience needed.
Tuesdays 7:30 - 8:30 pm, (W) Jan 5 - April 13
\$50 M / \$75 NM

Men's Floor Hockey

Ages 30 +
881 Broadview gym
Non-contact, recreational fun for the "thirty something" crew. It's a great way to burn calories and participate in the camaraderie of the gang.
Mondays 8:15 - 9:30 pm, (W) Jan. 4 - April 12
\$50 M / \$75 NM

Women's Basketball

881 Broadview
Guys, step aside. The girls are in the "House." A great alternative to aerobics for women who want to get or stay in shape. You'll have so much fun it won't even feel like exercise.
Mondays 7:00 - 8:15 pm, (W) Jan 4 - April 12, \$ 50 M / \$75 NM

Co-ed Badminton

Anyone can play. This fast-paced sport combines skill and fun in a great social setting.
Bat the birdie around, then get together with friends for coffee at the "J" Cafe. A great way to start your Sunday!
Sundays 12:00 - 1:00 pm, Jan 10 - May 2
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Jewish **FULL** Basketball League

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\$75 Kehilla Members and Non-Members

Golf Instruction

Hone your skills and get ready for spring.
Sundays 4:00 - 5:00 pm, Feb 14 - April 18
\$100 M / \$125 NM

Mom's Ski Club

Get together with other moms to ski Edelweiss and Mt. Ste. Marie
Thursdays, Jan 28 - Feb 4
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- Women's Softball League
- Bicycle Touring Club
- White Water Rafting
- Expos' Trip
- Pre-season Softball Hitting Clinics

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Aquatics Manager: Robin Jordan, ext. 279

Pool Hours of Operation

Sunday	8:00 am-7:30 pm
Monday	6:00 am-9:00 pm
Tuesday	6:00 am-9:30 pm
Wednesday	6:00 am-9:30 pm
Thursday	6:00 am-9:00 pm
Friday	6:00 am- Shabbat closing
Saturday	6:00 pm - 9:30 pm

AQUAFITNESS

Open to all Members
and Non-Members

AQUAFIT SCHEDULE starting January 4, 1999

Day	Time	Level
Monday	10:00-11:00 am 5:15 - 6:00 pm	Deep Water AquaFit 2
Tuesday	7:00-7:45 pm	Killer Cardio
Wednesday	10:00 -11:00 am 5:15 - 6:00 pm	Deep Water AquaFit 2
Thursday	7:00-7:45 pm	Deep Water
Friday	10:00 - 11:00 am	Deep Water
Sunday	8:00 - 9:00 am	AquaFit 2

AquaFit 2: An all round medium intensity class offering a 25 - 30 min. cardio

Deep Water: All participants wear Aqua Belts for floatation. Deep water cardio and toning and shallow water stretching.

Killer Cardio: An all cardio program to promote cardiovascular conditioning and muscle tone

Cost for 15 class card:
\$15/Chai \$60/Kehilla M \$90/NM

SWIMMING

CHAI Members swim FREE

**Kehilla Members and Non-Members
welcome for Public Swim.**

Public Swim hours are:
Monday - Thursday, 2:00 - 4:00 pm
Friday, 1:00 - Shabbat closing (Winter)

Public Swim Fees

Child (under 12 years of age)	\$2.00
Youth (13-17 years of age)	\$3.00
Adult (18 years and older)	\$5.00
Senior (65 years and older)	\$3.00
Family (2 adults and up to 3 kids)	\$12.00

Please pay these fees at the Fitness Control Desk.

Women's Only Swim

Tuesdays, 8:00 - 9:30 pm

Men's Only Swim

Thursdays, 8:00 - 9:00 pm

Private swimming lessons available.

Advanced Courses

Winter - Sunday January 10-April 11 NLS (National Lifeguard Service)	
4:00-8:00pm	\$160 M/NM manual incl. Sr Resus/Bronze Med
5:00-7:30pm	\$138 M/NM manual incl.

שחיה

SWIMMING LESSONS

Open to all Members and Non- Members.

WINTER SWIM LESSONS SCHEDULE

Monday January 11 - March 8 (9 lessons)

AquaTot 1	9:30 - 10:30am	AquaQ 3P	6:00-6:30pm
AquaTot 2	10:00-10:30am	AquaQ 4P	10:00-10:30am
AquaTot 3	10:30-11:00am	AquaQ 4P	1:30-2:00pm
AquaQ 1P	9:00-9:30am	AquaQ 5P	1:30-2:00pm
AquaQ 1P	1:00-1:30am	AquaQ 5P	4:00-4:30pm
AquaQ 1P	6:00-6:30pm	AquaQ 1	4:30-5:00pm
AquaQ 2P	9:30-10:00am	AquaQ 2	5:30-6:00pm
AquaQ 2P	1:30-2:00am	AquaQ 3	5:30-6:00pm
AquaQ 2P	5:00-5:30pm	AquaQ 4	4:30-5:00pm
AquaQ 3P	11:00-11:30am	AquaQ 5	5:45-6:30pm
AquaQ 3P	4:00-4:30pm	AquaQ 7/8	5:00-5:45pm
AquaQ 3P	5:30-6:00pm		

AquaQ 9/10/Rookie	4:30-5:30pm	\$50/M \$70/NM
Adult Stroke Improv.	1:00-2:00pm	\$6.00/drop- in Mon/Wed

Tuesday January 12-March 9 (9 lessons)

AquaTot 1	10:00-10:30am	AquaQ 3P	1:30-2:00pm
AquaTot 2	9:30-10:00am	AquaQ 4P	1:30-2:00pm
AquaTot 3	11:00-11:30am	AquaQ 1	6:00-6:30pm
AquaQ 1P	9:30-10:00am	AquaQ 2	6:00-6:30pm
AquaQ 1P	5:30-6:00pm	AquaQ 3	5:30-6:00pm
AquaQ 2P	9:00-9:30pm	AquaQ 4	4:30-5:00pm
AquaQ 2P	1:00-1:30pm	AquaQ 6	5:00-5:45pm
AquaQ 2P	5:00-5:30pm	AquaQ 7	5:45-6:30pm
AquaQ 3P	10:00-10:30		

AquaQ 11/12/Ranger	4:30-5:30pm	\$50/M \$70/NM
KidStroke Imp.Tues & Thurs	4:15-5:00pm	\$60/M \$90/NM

Wednesday January 13-March 10 (9 lessons)

AquaTot 1	9:30-10:00am	AquaQ 3P	5:15-5:45pm
AquaTot 2	10:00-10:30am	AquaQ 4P	9:00-9:30am
AquaTot 3	1:30-2:00pm	AquaQ 1	5:45-6:15pm
AquaQ 1P	10:30-11:00am	AquaQ 2	4:30-5:00pm
AquaQ 1P	5:00-5:30pm	AquaQ 3	5:30-6:00pm
AquaQ 2P	10:00-10:30am	AquaQ 4	4:30-5:00pm
AquaQ 2P	5:45-6:15pm	AquaQ 4	6:00-6:30pm
AquaQ 3P	9:30-10:00am	AquaQ 5	5:00-5:45pm
AquaQ 3P	1:30-2:00pm	AquaQ 8	4:30-5:15pm

Adult Stroke Improv 8:00-9:00pm \$6/M drop-in

Thursday January 14 - March 11 (9 lessons)

AquaTot 1	10:00-10:30am	AquaQ 4P	6:00-6:30pm
AquaTot 2	9:30-10:00 am	AquaQ 2	6:00-6:30pm
AquaTot 3	11:00-11:30am	AquaQ 3	5:30-6:00pm
AquaQ 1P	9:30-10:00am	AquaQ 4	5:45-6:15pm
AquaQ 1P	5:15-5:45pm	AquaQ 5	5:15-6:00pm
AquaQ 2P	9:00-9:30am	AquaQ 6	4:30-5:15pm
AquaQ 2P	5:00-5:30pm	AquaQ 7/8	4:30-5:15pm
AquaQ 3P	10:00-10:30am		

KidStroke Improv Tues/Thurs 4:15-5:00pm \$60/M \$90/NM

Friday January 15 - March 12 (9 lessons)

AquaTot 2	9:30 - 10:00am	AquaQ 2P	10:00-10:30am
AquaQ 1P	10:30 - 11:00am		

Sunday January 10- March 7 (9 lessons)

AquaTot 1	9:00-9:30am	AquaQ 1	9:00-9:30am
AquaTot 2	10:00-10:30am	AquaQ 2	10:30-11:00am
AquaTot 3	10:30-11:00am	AquaQ 3	9:30-10:00am
AquaQ 1P	9:30-10:00am	AquaQ 4	10:00-10:30am
AquaQ 2P	10:30-11:00am	AquaQ 5	9:00-9:45am
AquaQ 3P	11:30-12:00am	AquaQ 6	11:00-11:45am
AquaQ 4P	11:00-11:30am	AquaQ 7/8	9:45-10:30am

AquaQ 9/10/Rookie 11:00-12:00 \$50/M \$70/NM

All Classes AquaTot 1 - AquaQuest 8: \$42M/\$52NM

AquaQuest Categories: AquaTot 1: 4 months & up parented;
AquaTot 2: 16 months & up parented; AquaTot 3: 24 months & up parented; P: Preschool, 3 - 5 years; All AquaQ: 5 years and up



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FEATURE

The Jews of Panama - a warm and welcoming community

By Lauren Kramer

It's a humid Friday night in Panama, and I'm shivering with anticipation as I wait for my ride from my hotel in Panama City, to a liberal synagogue in the suburbs.

My week-long mission in Panama was a travel article for a local newspaper, but to satiate my curiosity to know about remote, seldom-mentioned Jewish communities around the world, I'd deliberately sought out and interviewed one of the country's prominent Jews. Stanley Fidanque is an astute businessman, and honorary president of his congregation. After we concluded the interview, he asked if I'd like to join him and his wife for services at Kol Shearith Israel, their synagogue. Hungry for an opportunity to experience Panama's Jewish first hand, I readily accepted.

Panama's Jewish community is distinguished in two respects. Firstly, it's the only country in the world - besides Israel - to have had two Jewish presidents in the 20th century - Max Shalom Delvalle (1969) and Eric Delvalle Maduro (1987-1988). Secondly, unlike the majority of Jewish populations worldwide, Panama's Jews are increasing in number, according to a 1996 report by the World Jewish Congress. In the last two decades, immigration to Panama - particularly of Israelis - has trebled the number of Jews in the country, bringing it to approximately 7,000.

The Jewish community boasts a superb infrastructure, with two Jewish day schools, kosher supermarkets, bakeries and restaurants, a Hebrew Cultural Center, a Jewish club and a host of Jewish organizations. There are three synagogues in Panama City, with a fourth under construction, and orthodox Jews constitute 75 per cent of a community that has existed in Panama since the 1850s. Some Jews came via Portugal after their descendants were expelled from Spain in 1492. Fidanque, for example, has traced his ancestry back to Zarazoga, Spain, and the year 1279. Others came to Panama seeking refuge from the Holocaust.

Seventy-five-year-old Lotte Zelenka is one such individual, who fled her home in Hamburg, Germany, in 1938, her destination Panama. Today she's a Jewish grandmother par excellence, with a warm heart and a generous disposition. She confronts me after the service has ended, demanding to know where this stranger comes from and what she is doing among them. As I stammer my answers, she declares decisively: "You're coming home with me for dinner tonight!"

There is no room for protestations, and I gratefully accept her invitation as she arranges my transport to her home. Once there, I find myself surrounded by three generations of Panama's Jews, family and friends that gather for dinner at Lotte's home every Friday, where they celebrate

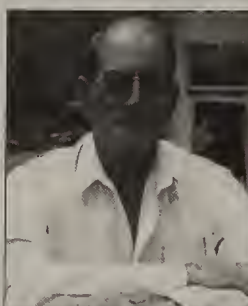
the Sabbath and catch up on each other's lives. In the home of virtually every Jewish grandmother, food abounds, and this matriarch is no exception. Traditional Panamanian food is lavished upon me, like *platanos*, crispy, fried slices of the plantains that are indigenous to the country, and *arroz con pollo*, chicken and rice. As the evening progresses, I feel enraptured by the warmth and friendliness of the people around me, the pleasing familiarity of the Sabbath rituals in a country so far from home, and the privilege of having been invited to join their table. But the journalist in me cannot resist a few questions.

What is life like for Panama's Jews?

Apparently, it is great. No one at this table voiced any complaints about the present day. "The only time we ever felt threatened was the night of the US invasion," said a Jewish woman on my right, who declined to be named. Her family owns 21 stores in Panama. "That night, 19 were destroyed," she confided, describing the looting and mayhem that prevailed. "Around that time, the banks were closed and many Jewish men sent their wives and children to Miami for safety. But after a couple of months, when they saw everything was going to be OK, they came back."

And life has stayed OK, according to Fidanque, who said the biggest problems Panamanian Jews face today are internally generated. "The orthodox Jews need to change their way of thinking," he said, adding that discrepancies in the viewpoints of the different congregations had become a problem at one of the Jewish day schools, Instituto Alberto Einstein.

It was founded by liberal and conservative Jews, but 90 per cent of the school-going Jewish children are orthodox. As a result, the school has barred the attendance of children from families who have converted to Judaism under the auspices of Congregation Kol Shearith Israel, an issue that



Stanley Fidanque, honorary president of Congregation Kol Shearith Israel, a liberal congregation in Panama City.

has created ongoing tension among the Jews. "Our way of thinking allows others to believe as they want to believe," Fidanque explained. "However, the rabbi of the orthodox congregation encourages a narrow line of thinking, one that is causing a big problem among our children."

As for anti-Semitism in Panama, responses vary depending on who you ask. "It's there in Panama - you don't see it all the time, but it's there," said Albert Nehmad, a Syrian-born Jew who owns a clothing business in Panama's free trade zone. Nehmad came to Panama in 1978, trying to escape the anti-Semitism he experienced in Syria. Today, he thinks differently. "We'll never escape it," he said with conviction. Lotte Zelenka agrees: "We have been lucky - that we live well here in Panama, and even though there is anti-Semitism, you do not feel it very much."

But Stanley Fidanque differs in opinion. "Some of the orthodox Jews think there is anti-Semitism in Panama, but there isn't," he insisted. One of the grounds for that belief in anti-Semitism, he explained, was the rejection of orthodox (Continued on page 19)

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ORGANIZATIONS AND PEOPLE

It is now so much easier to keep kosher in Ottawa

By Alyce Baker

Ottawa has gone kosher crazy this month as three new major happenings hit town in November.

As part of the National Arts Centre's "Israel at Fifty" tribute, the lobby of the NAC was transformed into a mock Israeli market.

Under the banner of Loblaw's, Israeli foodstuffs were attractively displayed showcasing native products that are exported throughout the world.

Crates and baskets of fresh, colorful fruits and vegetables were strewn on the floor. Tins and bottles were piled high spotlighting jams, oils and wines. President's Choice soda was stacked to the ceiling bearing the Israel at 50 logo.

Coupled with an attractive art show in the foyer, Israel was literally, ON DISPLAY!

Loblaws Pinecrest celebrated its grand reopening on Sunday, November 15. Along with a major renovation of the store, plus addition of a pharmacy and photolab, was the inclusion of an entire new kosher department.

The focal point of the department is a kosher meat shop, where under the constant supervision of a mashgiach, personal orders are taken and meat is cut any way you like it.

At the Sunday grand opening, customers were delighted with what they saw.

Rabbi Zischa Shaps was thrilled with the selection. A transplanted American, he is glad to see the variety finally available in Canada.

He also commented that you don't have to go through all the aisles of the store.

"Now you just go right to the kosher section for everything!"

Shaps added, "It's so much easier to be kosher!"

One of the mashgiachim on site, Eugene Guigui, couldn't help but notice the education process that was going on.

"You have no idea the number of people who have stopped to ask me about the significance of kashrut."

Shopping in the kosher section, Beverly Cogan Gluzman was visibly impressed.

"The selection is amazing; everything is displayed so beautifully. The staff are so eager to please," she said.

Meat manager, Alan Lawrie was inundated with requests and suggestions.

"The feedback has been very positive and we're happy the public has supported us so strongly," he said.

Some of the suggestions included an expanded deli section and fresh rotisserie barbecue chickens.

"We're looking into that possibility," says Mike West, store manager.

Kosher vegetarians need no longer be concerned about tracking down prepared foods. An entire cooler is designated for them with everything from hotdogs to chickenless Kiev.

A separate cooler holds a large variety of dairy products, including milk.

Kreplach, gefilte fish, chopped liver; all Bubbi Ray's favourites are available.

Even fresh baked goods including tarts and cookies line the shelves.

Dan Shapiro, senior vice-president for Loblaw's Supermarkets and a former Ottawan says: "We're listening Ottawa. We went into this because Jewish customers are important to us. We want your feedback."

So much so, that Loblaw's will organize focus groups in a week or two so that the supermarket really hears what the customer has to say.

In the meantime, Loblaw's has already taken heed of some of the suggestions. Starting shortly, the butcher shop will be open Wednesday and Thursday evenings for expanded hours. Those members of the community who can't get to Pinecrest need not worry. Fresh custom meat specials will be readily available at both Rideau Street and Merivale Superstore locations.

The third new opportunity came into being in a rather remarkable and unusual manner. The staff of the Holiday Inn Plaza La Chaudière in Hull would often brainstorm on how to better take advantage of business opportunities. One area that would continually crop up was the kosher market.

"We believed that this area was under-exploited," says Michael Lucas, general manager of the hotel.

"But we knew that we would have to do a lot of research on the principles of kashrut before we could apply for a licence."

So executive chef, André Charlebois



Loblaws Pinecrest celebrates its grand reopening after major renovations with a new kosher department.

spent two years studying books, surfing the Internet and speaking with people to gain greater knowledge.

Earlier this year the hotel developed a business plan which was presented to the hotel owner, Michael Rosenberg. The proposal was not only accepted wholeheartedly but was expanded. The intention was to offer restaurant-style service in the format of dinners, to be held twice monthly. Rosenberg felt there was a need for an ongoing elegant kosher venue.

To date three events have taken place. The hotel is intentionally starting in a low key manner in order to gain confidence and perfect its product and service.

Chef Charlebois speaks enthusiastically of the project.

"At the beginning of my research I discovered that the knowledge I was gaining had benefits, not only to the project, but that many of the applications could be beneficial to the general functioning of food services in the hotel. The emphasis on hygiene and healthy eating is universally applicable in all aspects of food preparation. The opportunity to reinforce these basics with my staff was becoming more and more evident to me."

Charlebois, a native of the National Capital region, is multi-talented. As well as displaying his creativity in the culinary domain, he is also known for his accomplishments as an ice sculptor, having won numerous competitions.

The last kosher function hosted by the Holiday Inn was a Sunday brunch. Patrons were delighted and reacted favorably to the array of delicacies and quality of food. Among some of the menu items were made-to-order omelets, a variety of interesting salads, poached salmon, and assorted fish. In the potato department there were home fries, latkes and knishes. Baked goods included croissants, muffins, breads and bagels. The magnificent dessert station was replete with tarts, cakes, French pastries, seasonal berries and delectable fruit.

Next on the schedule is a sumptuous buffet in celebration of Chanukah on Sunday, December 20. January, February and March will see a return to the table d'hôte evenings originally planned. (See ads on page 20.)

Kosher dining has taken an elegant turn in Ottawa, one that the Holiday Inn hopes to "capitalize on".

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ORGANIZATIONS AND PEOPLE

FEATURE

Career choice ...

(Continued from page 13)

"Kids are a good motivator for female offenders to try to make a life. But if a mother reoffends, she cannot take the baby back to prison with her.

"That's just one of the differences between male and female offenders," Stephanie explains. "Men just don't have the parenting responsibilities that women do."

Stephanie chuckles remembering her Jewish parolee, a woman who had been in and out of the system for years on fraud-related charges and who had no tolerance for parole officers.

"I drove up to a beautiful home, BMW in the lane way. The woman who answered the door had long, long fingernails and was all dolled up in diamonds. She looked at me and said, 'Oh, look, a little pisher.' She had no idea that I was Jewish and I didn't tell her.

"As we sat in her kitchen discussing the technicalities of her parole, she said, 'You can't put me back in prison, I have very good lawyers.' Then she began muttering in Yiddish. I ignored her tirade until she muttered, 'You have your kopp

in toches'. That was when I looked her straight in the eye, said, 'Excuse me', and repeated in English what she had said.

"She brightened right up then and said, 'Oh, you're Jewish! So what are you doing for Passover?'"

Stephanie remembers the 62-year-old great-grandmother who was arrested for drug importing. "I interviewed her right after her sentencing and she told me I mustn't call her children. 'They think I'm going to Florida for the winter,' she said. She was out in six months and her children never knew she'd been in prison."

Stephanie's days often begins at 7 am and are never dull.

"A lot of the people I work with are very good people who just don't know how to live," says the federal parole officer. "Most of them have no support system and see their parole officer as someone who cares.

"I'd like to see them all do well," Stephanie says. "The work is fascinating and I'm never, ever bored. It's everything I've ever wanted in a job, plus it's exciting."

When it comes to interesting careers, women have come a long way.



The skyline of Panama City, the bustling metropolis that most of Panama's Jews call home. (Photos: Mark Aginsky)

The Jews of Panama ...

(Continued from page 16)

Jews from the Union Club, an exclusive members-only coterie that has existed in Panama since 1917. "The club won't allow them in because on a relative scale, they're new in Panama. It's true of anyone new," said Fidanque, himself a member.

Fidanque's family has made Panama its home for the past 150 years, and has no intention of leaving. "Panama is an unusu-

al place because of the American influence, something that other Latin American countries don't have," he explained. What's more, "Most of the Jews here are educated in the US, which is a tremendous advantage because we speak English and Spanish fluently." As for his identity, Fidanque answers without hesitation: "I'm a Jewish Panamanian, or a Panamanian Jew - to me, it's equal."

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FROM SOUP TO NUTS

Chanukah is here - get out the frying pan



**SOUP
TO
NUTS**

DONNA KARLIN

Chanukah is almost here and it's time to get out the favorite frying pan. This is practically the only time of year when I fry foods. For those who are watching their fat intake, restrict your portions (though sometimes that seems impossible). Not frying the latkes seems to lose the whole reason behind the tradition, so this time of year I splurge! Have a happy and healthy Chanukah and enjoy!

Spiced Sweet Potato Latkes

2 large sweet potatoes
1 tsp powdered ginger
2 tsp ground cloves
2 tsp ground cinnamon
Oil for frying

Grate the potatoes by hand or using the grating disk of your food processor. Put the grated potatoes on a large piece of cheesecloth or three pieces of paper towel. Bring the corners together and squeeze out any liquid that came out in the grating. Add the spices. Mix well so all the potatoes are coated with the spices. Form patties by packing the mixture between the palms of your hands. Pour enough oil into a hot frying pan to fry some latkes (2-4 tbsp). When the oil is hot carefully place the patties in the oil. When the bottom becomes brown, turn over. When done, drain on paper towels or brown paper bags on a plate. Should make between 10 and 20 latkes depending on how big you make them.

Potato Latkes with Variations

2 1/2 lb baking potatoes
2 small onions, quartered
3 eggs
3 tbsp flour
3/4 tsp salt
1/4 tsp freshly ground pepper
Oil for frying
Applesauce



In processor with steel blade, chop the onions. With grater attachment, grate potatoes using firm pressure. (To make smooth dense latkes, you can purée the potatoes). 1/4 cup matzo meal can be substituted for the flour. For white latkes, rinse grated potatoes under cold running water in a colander. Squeeze dry. Mix with onions eggs, flour, and seasoning. Form into patties and fry in hot oil on both sides. Drain on paper towels or brown paper bags. Makes about 22 latkes. Serve hot with applesauce. Note: Russet potatoes are perfect for making latkes as they have a lower moisture content than other potatoes.

Variations: For Sage and Parsley Latkes: Add 1/2 tsp dried sage and 1/2 cup chopped fresh parsley to batter along with eggs. For Carrot Latkes: Substitute 1 cup grated carrots for part of the potatoes. Add to shredded potato and onion mixture.



Corn Latkes with Smoked Salmon

These are rich and decadent and a special treat

Latkes:
3 cups fresh or frozen corn kernels

Butter

1 1/2 tbsp minced scallions
1 cup whipping cream
2/3 cup whole milk
2 eggs
1 cup flour
1 tsp baking powder
Salt
2 tbsp minced chives
20 very thin slices smoked salmon
1/4 cup chopped chives
Sour Cream-Chive Sauce:
1 cup sour cream
1 red pepper, roasted and diced
1 tbsp minced chives

For the sauce: Blend sour cream, pepper and chives in small bowl. Cover and refrigerate.

For latkes: Blanch corn in boiling water to cover or microwave in a covered dish, about 1 minute. Drain and set aside. Heat 2 tbsp butter in skillet and sauté scallions until soft, about 3 minutes. Add corn and whipping cream, and cook over low heat 15 to 20 minutes. Purée in food processor. Set aside.

Beat milk and eggs together in small bowl. Whisk together flour, baking powder and 1/2 tsp salt in large bowl. Melt 1 tbsp butter and whisk into flour mixture along with milk mixture. Stir in corn purée, chives and salt to taste.

Brush nonstick skillet with butter and heat over medium heat until drop of water sizzles. Pour in 1 heaping tbsp batter for each latke and cook until golden brown, about 1 minute. Carefully turn latke with spatula and cook until golden brown, about 1 minute. Brush skillet with additional butter before each batch of latkes.

To serve, spread large spoonful of Sour Cream-Chive Sauce in centre of each plate, spreading evenly with back of spoon. Arrange 1 latke in centre of sauce, top with smoked salmon and another latke. Sprinkle chives around each latke sandwich.

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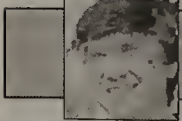
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KID LIT

Chanukah 2: stories to be enjoyed by young and old



KID LIT

DEANNA SILVERMAN

At the end of my last column I promised to review two zany Chanukah books this time out. I actually had that column written when another Chanukah book appeared in my mailbox. It caused a change of plans.

Nine Spoons

A Chanukah Story

By Marci Stillerman

Illustrated by Pesach Gerber

Hachai Publishing 1998

Unpaged, Ages 5-8

Nine Spoons is based on an actual event that occurred in a Nazi slave labour camp during the last Chanukah of the Second World War. By incorporating this deeply moving incident as a story within a story author Marci Stillerman demonstrates the transmission of a family story and Jewish values through the generations.

It is the last night of Chanukah. The family celebration at grandmother's house is drawing to an end when her youngest granddaughter asks Oma (grandmother) to once more tell her story about "the strange, twisted little structure" whose lights are burning brightly on the window-sill. As Oma tells her personal story the grandchildren chime in with details, questions and answers.

The story begins with a four year old's wonder at the beauty of the first snowfall. This beauty contrasts sharply with the stark reality of the barracks and camp in which she, six other children and a group of women live.

Raizel, a pre-war artist, realizes it will soon be Chanukah. She wants to make a menorah for the seven

children in the barracks. Raizel asks the women to find nine spoons for the menorah, nine spoons in a place where "spoons were valued like gold."

How the women obtain nine spoons is also the story of their work life, camp life and their ways of dealing with their plight. Risking their lives to help each other is their daily private miracle. It leads to the bigger miracle, the creation of the Children's Menorah and the secret celebration of a Chanukah that will always be remembered.

Told with eloquence and subtlety, the story is narrated so naturally and illustrated with such care and love that young children will not be frightened by the deprivation, danger and sadness depicted. Instead they will identify with Oma's grandchildren and accept the story as an extension of the Chanukah story itself. Super! Don't miss it!

Chanukah in Chelm

By David A. Adler

Illustrated by Kevin O'Malley

Lothrop, Lee & Shepard Books 1997

Unpaged, Ages 4 and up

David A. Adler is a master writer of Jewish Kid Lit. His books, non-fiction as well as fiction, range from good to excellent and even higher. They cover every imaginable Jewish topic.

In *Chanukah in Chelm* Adler and illustrator Kevin O'Malley demonstrate a tongue-in-cheek sense of humor as they combine talents to create a loving, foolish and funny tall tale featuring Chelm's beloved Rabbi Nachman and Mendel, the synagogue's bumbling caretaker.

The fun begins on the first page. While the opening text is straightforward, its picture features silly jokes and cartoon-like dialogue boxes that immediately catch the reader's attention and set the tone for all that is to come.

What follows is a hilarious romp as Mendel tries to find a table on which to put the synagogue's menorah so

From *Chanukah in Chelm*

that the menorah will be seen through the window. Not finding a table in the joke infested storeroom, Mendel goes off to borrow one from Berel, the carpenter.

The table Berel lends Mendel is so large Mendel has trouble carrying it back to the synagogue. With a little help from wise friends he solves the problem. The table has legs. It can walk.

Instructing the table to follow him, Mendel goes on ahead. The rest, you can imagine. Or can you? Rollicking and zany, *Chanukah in Chelm* endears as it entertains. Just right for kids who love "little moron" jokes.

The other zany book I had intended to review is *The Rugrats' Book of Chanukah* by Sarah Willson. Intended for ages 4-8, gentle, slap-stick humor and mayhem overwhelm the "meanie" of Chanukah.

May your Chanukah celebrations become golden memories for young and old alike.

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SIXTY SOMETHING



SIXTY SOMETHING

RUTH WEITZ

A doctor's appointment

One morning you awake with a terrific pain in your right hand. You make an appointment with a doctor. He looks at your hand, shakes his head and informs you he can only help if the pain is in your left hand. So he sends you to a right hand specialist.

Another time your appointment is for 10 minutes to 10. You enter the outer office, register and sit down. The man next to you coughs constantly. You turn to the other side and that person sneezes every second.

One hour later you are admitted to an examining room. A nurse takes your blood pressure and temperature, tells you to take off your clothes and walks out of the room. She is wearing a long-sleeved blouse, a sweater and her white uniform. You ask her to lend you a sweater. The look she gives you is incredulous.

You sit there a long time, freezing, wrapped only in a piece of paper. Half an hour later the doctor walks in. He is wearing a suit and a heavy sweater under his white coat. Hey, he doesn't want to freeze like you!

"How are you?" he asks.

"Oh, just wonderful," you answer.

Let's face it, if you were feeling well would you be sitting in this cold room? You have been waiting so long, you've almost forgotten why you came. By now you are sneezing and coughing and the doctor asks, "Do you have a cold?"

"No," you answer. "I came here to check the paint on your walls."

It took me a week to get over the cold I caught in his waiting room.

You show him a rash on your leg, the right leg. You hope his speciality is not left legs. He looks at the rash, touches it, frowns and says, "I haven't a clue, but I will give you a prescription for a salve. Maybe it will help."

I could have made the same diagnosis. But you know what happened? I used the salve and two days later the rash disappeared and never came back.

Some years back, my daughter complained of difficulty in swallowing. So a mother becomes concerned and takes the daughter to the doctor. We are admitted to his examining room and right away he is called to the telephone. His attorney is on the other end apparently relating bad news. The doctor now begins to shout, becoming angrier by the second. Thoughts go through my mind. Should I trust this man to care for my child? We stayed but the next day I took her to a different doctor for another opinion.

While in university, my daughters had their ears pierced. By whom you might well ask. By a roommate. When they told me, I raised my voice. "How could you be so stupid?" I asked. "A doctor has to do that!"

Some weeks later, they placed earrings in the holes and all was fine. Then I decided to have my ears pierced. Would I be stupid enough to ask a friend? Not on your life. I went to my doctor for the procedure. I got an infection in both ears. It was a month before my ear lobes cleared enough for me to put earrings in the holes. This happened because I was smarter than my children and went to a doctor instead of a friend. Did they tease me? Did they ever!

My body is aging beyond my control. I know it. My doctor knows it. But I do not want to hear from him (or her). "Well for your age, blah, blah, blah."

I know what my age is. I just want to be made better not younger every year. That is because I celebrate a birthday every other year. Don't you?

I must let you know these visits to my doctor took place in the US. Such stories would never happen in Ottawa. Right?

Art Works /

Rose Ann Hoffenberg

FUNDAMENTAL FREEDOMS

National Gallery of Canada

FUNDAMENTAL FREEDOMS is an exhibition celebrating the 50th anniversary of the signing of the Universal Declaration of Human Rights, using contemporary art works. The show runs to the end of 1998, at the National Gallery of Canada.

Today the basic rights of children and women, the right of free association, the right to life and health, the right to work and the right of free speech are still not universally respected. Artists have responded to this lack of fundamental freedoms in a variety of politically engaged art. The curator has used works that I have discussed previously - Boltanski's *Monument* (OJB, October 7, 1996) and Nancy Spero's *Torture of Women* (OJB, January 1997) - however, for this article I would like to look at two additional artists: Melvin Charney and Samuel Bak.

I first saw the Canadian artist Melvin Charney in a powerful exhibition in London, England in 1995, called **AFTER AUSCHWITZ**. The title of the London exhibition alluded to the German-Jewish philosopher Theodor Adorno's memorable and often-quoted claim (made in 1949) that "to write poetry after Auschwitz is barbaric." Yet large numbers of artists, both then and now, have felt compelled to grapple with the subject of the Holocaust. Artists, it seems, subscribe less to Adorno's striking but ultimately dissuasive claim than to survivor Elie Wiesel's admission of an irresolvable paradox: "How is one to speak of it? How is one not to speak of it?"

Charney's *Visions of the Temple (After Matthias Haffner's "Reconstruction of the Temple of Jerusalem", Tübingen, 1631)* speaks through architecture. Here, an interpretation of the prophet Ezekiel's vision of the Temple of Jerusalem is superimposed on drawings of the death camp at Auschwitz-Birkenau.

Samuel Bak (born in 1933), on the other hand, takes us above the chimney stacks of the death camps in his surreal, stonemasonry entitled *Smoke*. Bak said, "My paintings convey a sense of a world that was shattered, of a world that was broken, of a world that exists again through an enormous effort to put everything together, when it is absolutely impossible to put it together because the broken things can never become whole again. But we still can make something that looks as if it was whole and live with it. And more or less this is



Samuel Bak, *Smoke*

the subject of my painting, whether I paint still lives, or people, or landscapes, there is always something of that moment of destruction there. Even if I do it with very happy and gay colors, it has always gone through some catastrophe."

The color of *Smoke* is reminiscent of the sack where he was hidden before he made his escape from the concentration camp. He and his mother survived against all odds, crossing many borders until they reached the newly established State of Israel in 1948. Bak studied art at the Bezalel Academy in Jerusalem.

The forms hovering in the sky of this large-scaled painting remind us of the Tablets of the Law, referring to the commandment, "Thou shalt not kill," or allude to tombstones in the sky, questioning God's presence during such atrocities. The source of the light is obscure in its unsettling ghostly glow. The artist's disturbing images have no sentimentality or visual stereotypes. Nevertheless, all Bak's works refer to the experience he had as a child and he admits that painting is his way of curing himself - a permanent psychotherapy. Samuel Bak's works are at once highly personal and universal - the strength of this exceptional contemporary artist.

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In memory of Ruth Kaplan by Mitchell Bellman and Nicola Hamer.

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In memory of Sam Nadolny by Ruth Berger.

In memory of Avri Bright by Ruth Berger.

In memory of Gerald Berger by David Zussman and Sheridan Scott.

DR. AND MRS. M. RALPH BERKE FUND

In observance of the Yahrzeit of a dear husband and father Dr. M. Ralph Berke by Sarah Berke and family.

SHIRLEY AND SHIER BERMAN

FOR JEWISH ARCHIVES FUND

In memory of Avri Bright by Shirley and Shier Berman.

In memory of Ruby Litwin by Shirley and Shier Berman.

RDNALD BODNFF MEMORIAL FUND

Best wishes to Hy Roodman on his special birthday by Sonia Bodnoff.

JACOB AND BERTHA BODKMAN MEMORIAL FUND

In memory of Sam Nadolny by Millie and Percy Weinstein; and by Lila and Abe Bookman.

Best wishes to Naomi and Mickey Davine on their wedding anniversary by Millie and Percy Weinstein.

Wishing Ellen Cherney a speedy recovery by Millie and Percy Weinstein.

In memory of Israel Kardish by Millie and Percy Weinstein; and by Lila and Abe Bookman.

Mazel Tov to Sally and Elliott Levitan on the birth of their grandson by Millie and Percy Weinstein.

Best wishes to Stephen Bookman on his 50th birthday by aunt Millie and uncle Percy Weinstein.

Happy birthday wishes to Lawrence Pleet on his 40th birthday by aunt Millie and uncle Percy Weinstein.

BUZELAN AARON FAMILY FUND

In memory of Sam Nadolny by Stan, Orly and Akiva Aaron.

In memory of Avri Bright by Stan, Orly and Akiva Aaron.

In memory of Esau Kavanat by Stan, Orly and Akiva Aaron.

CAYLA AND LITTMAN CARDASH MEMORIAL FUND

In memory of Israel Kardish by Mr. and Mrs. P.S. Lewis and family.

RABBI DR. EDWARD YEHUDA CARDASH

MEMORIAL FUND

Wishing Molly and Morris Berliner a ruah sh'lemah by Moe Cardash and Lillian Cardash.

In memory of Israel Kardish by Moe Cardash.

Wishing Murray Zielen a speedy recovery by Moe Cardash.

ARTHUR AND LINDA COGAN FUND

FOR YOUNG WOMEN'S LEADERSHIP COUNCIL

In memory of Sam Nadolny by Mitchell Bellman and Nicola Hamer; by Alyce and Allan Baker; by Marc Fishman; by Barbara and Len Farber; by Charles and Cindy Schachnow; by Celia Abraham; by Kayla and Alvin Mallay; by Simmy and Chuck Gardner; by Young Women's Leadership Council; by Zelaine and Sol Shinder; by Cindy and Mark Resnick and family; by Irwin and Audrey Kreisman and family; by Estelle and John Liberman; by Roslyn and Amie Kimmet and family; by Libby and Stan Katz; by Steve and Benita Baker and family; by Leah and Bob Genscher and family; by Joan and Russell Kronick; by Thelma Steinman; by Steve and Roz Fremeth; by Rose and Chick Taylor; and by Elissa Lief, David, Zac and Kayla Resnick.

In memory of Sandor Gal by Young Women's Leadership Council.

SARAH AND JACK COGAN MEMORIAL FUND
In memory of Sam Nadolny by Beverly, David, Jory and Mark Gluzman; by Rhona and Leonard Cogan and family; and by Fred and Lisa Cogan and boys.

In observance of the Yahrzeit of a dear father and grandfather Jack Cogan by Lisa and Fred Cogan and boys; and by Rhona and Leonard Cogan and family.

In observance of the Yahrzeit of a dear husband, father, grandfather and great-grandfather Ben Elinson by Rhona and Leonard Cogan and family.

DAVID AND OUEENIE COHEN ENDOWMENT FUND
Best wishes to Howard and Marlene Cohen on their wedding anniversary by David Cohen.

ISRAEL AND POLLY COHEN ENDOWMENT FUND
In memory of Mortimer English by Polly Cohen.

Wishing Annette Lithwick a speedy recovery by Polly Cohen.

CRACDWER FAMILY FUND
In memory of Minnie Pass by Naomi Lipsky Cracower and Allan Cracower.

In memory of Sam Nadolny by Naomi Lipsky Cracower and Allan Cracower.

NATHAN AND REBA DIENER ENDOWMENT FUND
Best wishes to Lil and Morris Lang on their 50th wedding anniversary by Reba Diener.

In memory of Israel Kardish by Reba Diener.

JOSEPH AND JEAN DOVER ENDOWMENT FUND
Mazel Tov to Gary Goldfield on receiving his Ph.D. by Madeline and Gerry Dover; and by Sam and Ingrid Shapiro.

ABE AND CYNTHIA ENGEL ENDOWMENT FUND
In memory of Sam Nadolny by Cynthia and Abe Engel, Stephanie, Eric and Josh.

In memory of Celia Shadler by Cynthia and Abe Engel.

In memory of Fanny Dunn by Cynthia and Abe Engel, Stephanie, Eric and Josh.

In memory of Israel Kardish by Cynthia and Abe Engel.

Mazel Tov to Evelyn and Irving Greenberg on the marriage of their son Michael to Debbie by Cynthia and Abe

Engel.

Best wishes to Horace Philipp on his special birthday by Cynthia and Abe Engel.

LILLIAN (HITZIG) FEIN MEMORIAL FUND

Mazel Tov to Barbara and Gerry Thaw on the engagement of their daughter Susan to Joel Greenberg by Sheri and Michael Gennis and family; by Dorothy and Herb Nadolny; and by Ellen and Ron Cherney.

BENJAMIN AND FREDA FEINSTEIN ENDOWMENT FUND
In memory of Esau Kavanat by Evelyn and Irving Greenberg.

In observance of the Yahrzeit of a dear mother and grandmother Freda Feinstein by Ruth and Irving Aaron and family.

With appreciation to Miriam Levittin by the Kavanat family.

With appreciation to Ruth Aaron by the Kavanat family.

With appreciation to Pearl Moskovic by the Kavanat family.

With appreciation to Rhona Herrow by the Kavanat family.

SOL AND BERTHA FELLER FAMILY FUND

In memory of Ruby Litwin by Diane Feller.

JACK AND TANYA FIRESTONE ENDOWMENT FUND

In memory of Israel Kardish by Tanya Firestone.

In memory of Cy Sherman by Susan and Sam Firestone and family.

FLORENCE FAMILY MEMORIAL FUND

In memory of Sam Nadolny by A.L. Ann and Leanne Smith.

ALFREDO AND KAYSA FRIEDMAN ENDOWMENT FUND

In memory of Avri Bright by Kaysa and Alfred Friedman.

In memory of Minnie Pass by Kaysa and Alfred Friedman.

In memory of Sam Nadolny by Kaysa and Alfred Friedman.

JACOB GLADSTONE MEMORIAL FUND
In memory of Mr. and Mrs. Sydney Zelnicher's dear father and grandfather by Karl Wasserman.

In memory of Israel Kardish by Karl Wasserman.

STAN AND LIBBY GLUBE FAMILY FUND

In memory of David Weinberg by Malcolm and Vera Glube.

Mazel Tov to Roz and Stan Labow on the birth of their granddaughter by Vera and Malcolm Glube.

ANN GLUZMAN MEMORIAL FUND
In memory of Sam Nadolny by Ingrid and Gerry Levitz, Stephanie and Naomi.

Mazel Tov to Rob and Shan Ritter on the engagement of Matthew and Jennifer by Ingrid and Gerry Levitz, Stephanie and Naomi.

Mazel Tov to Joel Greenberg and Susan Thaw on their engagement by David, Beverly, Jory and Mark Gluzman.

In memory of Sam Nadolny by Ariene and Gary Bonn and family.

In memory of Avri Bright by Ariene and Gary Bonn and family.

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In memory of Avri Bright by Edie Landau and family; by Barbara and Len Farber; by Zelaine and Sol Shinder; by Stan and Libby Katz; by Bass and Casey Swedlove; by Irvin and Pelligorsky; by Al and Shirley Cohen; and by Rose and Chick Taylor.

IBOLYA AND HOWARD GOLDBERG FAMILY FUND
Mazel Tov to Dr. and Mrs. Wilbert Keon on the birth of their grandchild by Howard and Ibolya Goldberg.

SAUL AND EDNA GOLDFARB ENDOWMENT FUND
In memory of Sam Nadolny by Edna and Saul Goldfarb.

EVA, DIANE AND JACK GOLDFELD MEMORIAL FUND
Mazel Tov to Gary Goldfeld on receiving his PhD by Mollie Fine.

JACK AND GERT GOLDSTEIN FUND
In memory of David Weinberg by Allen and Diane Abramson.

MIRIAM AND LOUIS GOLDSTEIN FUND
In memory of Henry Goldstein by Miriam Goldstein.
Mazel Tov to Sid and Geri Goldstein on the engagement of their daughter Audrey to Jake Levant by Eileen Goldstein.
Mazel Tov to Miriam and Sally Goldstein on the engagement of their grandchild Audrey Goldstein to Jake Levant by Eileen Goldstein.

VICTOR AND RACHEL GOULD FUND
In memory of Minnie Pass by Joan and Russell Kronick.

JOAN AND BEN (BERCHIK) GREENBERG MEMORIAL FUND
In memory of Israel Kardish by Bernice and Isaac Kerzner; and by Lily and Jerry Perso.
Mazel Tov to Laura Greenberg on her special birthday by Lily and Jerry Perso.

GILBERT AND BESS GREENBERG MEMORIAL FUND
In memory of Sam Nadolny by Roger Greenberg and Cindy Feingold.
Wishing Lorry Greenberg a speedy recovery by Cynthia and Max Weinstein; and by Sally and Elliott Levitan.
Wishing Kirby Myers a speedy recovery by Clara Slack.
Mazel Tov to Elliott and Sally Levitan on the birth of their grandson by Roger Greenberg and Cindy Feingold.

LAURA AND MILTON GREENBERG FUND
In memory of Sam Nadolny by Laura Greenberg.
Best wishes to Laura Greenberg on her special birthday by Casey and Bass Swedlove; by Roz and Myles Teller and family; and by Kayla and Alvin Malley and family.

LOUIS AND HELEN GREENBERG MEMORIAL FUND
In memory of Sam Nadolny by Lynda and Lawrence Greenberg.
In memory of Avri Bright by Lynda and Lawrence Greenberg.
In memory of Minnie Pass by Lynda and Lawrence Greenberg.
In memory of Beatrice Zagon by Lynda and Lawrence Greenberg.
In memory of Miriam Cantor by Lynda and Lawrence Greenberg.
In memory of Harry Leikin by Lynda and Lawrence Greenberg.

MICHAEL GREENBERG MEMORIAL FUND
In memory of David Weinberg by Stephen and Jocelyn Greenberg.
In memory of Sam Nadolny by Stephen and Jocelyn Greenberg.

NATHAN AND SARAH GREENBERG MEMORIAL FUND
In memory of Minnie Pass by Gert and Sam Budovitch.
Best wishes to Evelyn Greenberg on her special birthday by Gert and Sam Budovitch.

NIVOM GREENBERG MEMORIAL FUND
In memory of Israel Kardish by Lilian Cardash.

ROSE AND ROGER GREENBERG MEMORIAL FUND
Wishing Lorry Greenberg a ru'ah sh'lemah by Rose and Chick Taylor.

ZELDA AND JOHN GREENBERG MEMORIAL FUND
Best wishes to John and Zelda Greenberg on their wedding anniversary by Mark and Nina Dover and family.

FRANCES HARTMAN MEMORIAL FUND
In memory of Sam Nadolny by Jack Hartman and Shirley Strean.
Best wishes to Irwin and Mindi Hartman on their 25th

wedding anniversary by Jack Hartman and Shirley Strean.

Mazel Tov to Rabbi and Mrs. Arnold Fine on the marriage of their daughter Aieza to Stanley Abraham by Jack Hartman and Shirley Strean.

LARRY AND SHEILA HARTMAN FUND
Mazel Tov to Paula and Manny Agulnik on the engagement of their son Mark by Sheila and Larry Hartman.

HILLEL ACADEMY FUND
In memory of David Weinberg by Mitchell Belman and Nicola Hamer; by Bernice and Donna Dolansky; by Board and Staff of Hillel Academy; by Alan Cracower and Naomi Lipsky Cracower; by Libby and Stan Katz; by Hillel Academy Faculty; by Arlene and Norman Glube, David, Eric and Stephanie; by Barb, Len, Steven and Michael Farber; by Marc Fishman; by Susan, Charles, Jaclyn and Paul Schwartzman; by Zelaine and Sol Shinder; by Joan and Russell Kronick; by Rick and Barry Baker; by Alan Freed; by Irwin and Audrey Kreisman and family; by Elissa Lief, David, Zac and Kayla Resnick; and by the Supnick family.

With appreciation to Cantor and Mrs. Benlolo by Mark and Cindy Resnick and family.

HILLEL LODGE LEGACY FUND
In memory of Evelyn Buff by Bill, Phyllis and Mami Oelman.

In memory of Sam Nadolny by Frances and Jules Cogan.

In memory of Minnie Pass by Frances and Jules Cogan; by Elliott and Sally Levitan; by Cally and Sid Kardash; and by Irving and Merle Gencher.

Thinking of Ruth Leikin by Sally and Elliott Levitan.
Mazel Tov to Mark and Lilian Zunder on the birth of their grandson by Irving and Merle Gencher.

HY AND PAULINE HOCHBERG FUND
In memory of Sam Nadolny by Pauline Hochberg.
In memory of Avri Bright by Pauline Hochberg.
In memory of Israel Kardish by Pauline Hochberg and Archie Kassirer; by Brian and Rhonda Hochberg and family; and by Dr. Lawrence and Lisa Sklar and family.

HOLOCAUST MEMORIAL FUND
In memory of Israel Kardish by George and Vera Gara.

DOROTHY AND HY HYNES FUND
In memory of Sam Nadolny by Dorothy and Hy Hynes; and by Godie Abramson.

Wishing Ellen Cherney a speedy recovery by Dorothy and Hy Hynes.

Wishing Stanley Aron a ru'ah sh'lemah by Dorothy and Hy Hynes.

In memory of Pam Faulkner's mother Anne by Dorothy and Hy Hynes.

Best wishes to Lorry Greenberg for a ru'ah sh'lemah by Dorothy and Hy Hynes.

Mazel Tov to Cindi and Mark Resnick on the Bar Mitzvah of their son Benjamin by Dorothy and Hy Hynes.

Mazel Tov to Leah and Bob Gencher on their 40th wedding anniversary by Kayla and Alvin Malley.

Best wishes to Hy Hynes on his 75th birthday by Dorothy and Herb Nadolny; and by Ellen and Ron Cherney.

JEWISH COMMUNITY CENTRE YOUTH SERVICES FUND
Mazel Tov to Lilian and Mark Zunder on the birth of their grandson by Carol and Ralph Kassie and family.

JEWISH COMMUNITY CENTRE ENDOWMENT FUND
With appreciation to Michael Allen by the Canadian Council of JCC's and YM - YWHA's Annual Conference.

With appreciation to Debra Viner by the Canadian Council of JCC's and YM - YWHA's Annual Conference.

With appreciation to Diane Parkin by the Canadian Council of JCC's and YM - YWHA's Annual Conference.

With appreciation to Rabbi Reuven P. Bulka by the Canadian Council of JCC's and YM - YWHA's Annual Conference; and by Cindi and Mark Resnick and family.

Mazel Tov to Linda Kerzner on her 40th birthday by Barbara and Len Farber.

In memory of David Weinberg by Enid and Jeff Gould and family.

JEREMY KANTER MEMORIAL FUND
In memory of Sam Nadolny by Evelyn and Lou Eisenberg.

In memory of Eric Wesselow by Julie, Jeff, Daniel and Jonah Kanter.

ABRAHAM AND TZIPORA KARDASH MEMORIAL FUND
In memory of Ruby Litwin by Rose and Chick Taylor.

In memory of Eric Goldberg's mother by Rose and Chick Taylor.

In memory of Israel Kardish by Rose and Chick Taylor and family.

EVA AND ISRAEL KARDISH ENDOWMENT FUND
In memory of Israel Kardish by Rhona, Bill, Rachel and Robert Levine; by Tami and Robert Berezin; by Casey and Bess Swedlove; by Mary and Len Potekin; by Marty, Ellen and Sharon Cardash; by Zelaine and Sol Shinder; by Sally Teller; by Joany and Andy Katz and family; by Alyce and Allan Baker; by Cally and Sid Kardash; and by George and Rhoda Caplan and family.

SAMUEL AND TILLIE KARDISH FUND
In memory of Israel Kardish by Cecilia Levitan.

BENJAMIN AND LILLIAN KATZ MEMORIAL FUND
Mazel Tov to aunt Goldie and uncle Morris Cantor on the birth of their great-granddaughter by Carolyn, Sid, Elyana and Adam Katz.

In memory of Thelma Kaufman by Jeffrey and Maureen Katz and family.

In memory of Israel Kardish by Jeffrey and Maureen Katz and family.

In observance of the Yahrzeit of a dear mother and grandmother Lillian Katz by Jeffrey and Maureen Katz and family.

ARTHUR AND SARAH KIMMEL MEMORIAL FUND
Mazel Tov to Rose and Chick Taylor on the engagement of their son Allan to Denise by Roslyn and Arnie Kimmel and family.

In memory of David Weinberg by Roslyn and Arnie Kimmel and family.

In memory of Avri Bright by Roslyn and Arnie Kimmel and family.

In memory of Sam Nadolny by Marilyn and Dan Kimmel.

In memory of Esau Kavanat by Isabel and Norman Lesh.

JACOB AND ESTHER KIZEL MEMORIAL FUND
Mazel Tov to Mr. and Mrs. Seth Cole on the birth of their daughter and our granddaughter Sheron Elana by Cynthia and Stan Fleisher.

SHARON KOFFMAN SCHOLARSHIP FUND
In memory of Israel Kardish by Barry and Fay Koffman.

KYVOO FUND
Best wishes to Leah and Bobby Gencher on their 40th wedding anniversary by Bill and Phyllis Leith and family.

KRANTZBERG KRANE FUND
In memory of Ruby Litwin by Evelyn Krane.

SAMUEL AND IRENE KRONICK FUND
In memory of Ruby Litwin by Joan and Russell Kronick.

JACOB AND ROSE LANDAU MEMORIAL FUND
In memory of Freda Swartzman by Sylvia and Françoise Shier.

ISSIE AND EDITH LANDAU FUND
In memory of Ruby Litwin by Edie Landau.

In memory of Freda Swartzman by Edie Landau.

Best wishes to Michael Landau and Faye Goldman in their new home by Rose and Chick Taylor.

In memory of Israel Kardish by Edie Landau.

With appreciation to Leiba Krantzberg by Edie Landau.

LILY AND MORRIS LANG FUND
Best wishes to Lily and Morris Lang on their 50th wedding anniversary by Sally and Morton Teller; by Gert and Sam Budovitch; by Thelma Steinman; by Sarah Resnick; by Sylvia Freeman; by Joey Lang; by Rhonda, Steven, Natasha and Rachel Frantlow; by Shirley and Akiva Kriger; by Sam and Roberta Goldmaker; by Chick and Rose Taylor; by Elaine and Irv Singer; by Moe Cardash and by Elaine and Marten Bidsky and family.

SANDRA AND JACIE LEVINSON FUND
Mazel Tov to Irving and Evelyn Greenberg on the marriage of their son Michael by Jacie and Sandra Levinson.

In memory of Doug Gold by Jacie and Sandra Levinson.

In memory of Sam Nadolny by Jacie and Sandra Levinson.

In memory of Cy Sherman by Jacie and Sandra Levinson.

In memory of Israel Kardish by Jacie and Sandra Levinson.

HARRY AND FRIEDA LEVITAN FUND
In memory of Sam Nadolny by Ruth and Ron Levitan.

Mazel Tov to Sally and Elliott Levitan on the birth of their grandson by Ruth and Ron Levitan.

JEANNE AND LOUIS LIEFF FUND
In memory of Edith Fraenkel by the Bernard family.

JOSEPH AND EVELYN LIEFF FUND
Mazel Tov to Jeff and Rhea Hochstadter on the Bat Mitzvah of their daughter Elana by Norman and Francie Lief and family.

Mazel Tov to Hy Hynes on his special birthday by Norman and Francie Lief and family; and by Elissa Lief, David, Zac and Kayla Resnick.

In memory of Cy Sherman by Elissa Lief, David, Zac and Kayla Resnick; and by Evelyn and Joseph Lief.

Best wishes to Elana Hochstadter and family on her Bar Mitzvah by Elissa Lief, David, Zac and Kayla Resnick.

In memory of Sam Nadolny by Norman and Francie Lief and family.

In memory of Israel Kardish by Evelyn and Joseph Lief.

Mazel Tov to Dorothy and Hy Hynes on the Bat Mitzvah of their granddaughter Elana by Evelyn and Joseph Lief.

Best wishes to Manny Shacter on his special birthday by Evelyn and Joseph Lief.

Wishing Ruth Shacter a happy birthday and a ru'ah sh'lemah by Elissa Lief, David, Zac and Kayla Resnick.

ARNOLD AND ROSE LITWICK FAMILY FUND
In memory of Israel Kardish by Carolyn and Alex Litwick.

SAMUEL AND LEEMA MAGIDSON FUND
In memory of Toba Korenbloom by Roslyn and Arnie Kimmel and family; and by Leema Magidson.

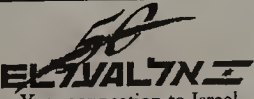
In memory of Sam Nadolny by Leema Magidson.

Best wishes to Roslyn Kimmel on her birthday by Larry Weiss.

In memory of Israel Kardish by Leema Magidson and Marcia Magidson.

In memory of Susan and Leslie Goldenberg's sister Toba by Leema Magidson and family.

Continued on page 26



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In memory of Sam Nadolny by Diana and Alvin Malomet.
In memory of Esau Kavanat by Oana and Alvin Malomet.

CLAIRE AND THEODORE (TED) METRICK FUND

In memory of Israel Kardish by Claire Metrick.
Wishing Rose Edelson a speedy recovery by Claire Metrick.

DAVE, LUDIS AND LAZ MIRSKY FUND

In memory of Monty Berger's daughter by Sibyl and Laz Mirsky.
In memory of Minnie Pass by Sibyl and Laz Mirsky.

NORMAN MIRSKY FUND

Wishing Muriel Ginsberg a r'tuah sh'lemah by Millie and Steve Mirsky.

JACK AND HONEY MONSDEN FUND

In memory of Avri Bright by Honey and Jack Baylin.
Best wishes to Hy Roodman on his special birthday by Honey and Jack Baylin; and by Sally Teller.
In memory of Ruby Litwin by Cecelia Levitan.
In memory of Israel Kardish by Honey and Jack Baylin.

ELLEN, SHARON, LAWRENCE AND LYNDA NADDLNY FAMILIES FUND

Wishing Ellen Chemey a speedy recovery by Audrey and Irwin Kreisman, Sarah, Anelle end Joshua; and by Sally and Elliott Levitan.
Best wishes to Stanley Arron for a speedy recovery by Ellen and Ron Chemey.

HERBERT AND DOROTHY NAODLNY FUND

In memory of Sam Nadolny by Beverly Friedman; by Clair and Julius Krantzberg; by Estelle and John Liberman; by Phyllis and Ab Flatt; by Peter and Pam Stelcner; by Al and Shirley Cohen and Harold Cohen; by Joany and Andy Katz and family; by Fred and Lisa Cogan and boys; by Fem and Ed Cohen; by Michael and Shem Gennis and family; by Carol and Gordon Sussman and family; and by Cindi and Mark Resnick and family.
Wishing Ellen Chemey a r'tuah sh'lemah by Michael and Shem Gennis and family; by Steve and Roz Fremeth; by Clair and Julius Krantzberg; and by Joany and Andy Katz and family.

MAX AND IOA NADOLNY FUND

In memory of Sam Nadolny by Evelyn and Irving Greenberg; by Jaye Appovitz; by Elliott and Sally Levitan; by Joany and Andy Katz; and by Sarah and Milton Shatter.

JEAN AND MAX NAEMARK FAMILY FUND

Best wishes to Max (Mordechai) Naemark on his birthday by Bea Toronto and family; and by Shalindel Naemark.
Best wishes to Gittel Shear on her birthday by Jean and Max Naemark.

JOAN AND KURT ORLIK FAMILY FUND

In memory of Robert Milton's father by the Orlik and Fine families.

OTTAWA POST, JEWISH WAR VETERANS

OF CANADA FUND

Wishing Hy Stoller a r'tuah sh'lemah by Gerry and Morrie Krantzberg.
Mazal Tov to Gerry and Morrie Krantzberg on the birth of their granddaughter by Rita Homstein and Hy Stoller.

PAULINE PANKOWSKI HOLOCAUST EDUCATION FUND

In memory of Sam Nadolny by Pauline, Mark and Dahlia Pankowski.

JOSEPH PETIGORSKY MEMORIAL FUND

In memory of Esau Kavanat by Lena Schechter.
In observance of the Yahrzeit of a dear sister Ann Petigorsky by Lena Schechter.

NANCY AND LARRY PLEET FUND

Best wishes to Larry and Nancy Pleet on their 45th wedding anniversary by Sylvia, Morton and Harris Pleet; and by Rita Homstein and Hy Stoller.
Wishing Hy Stoller a speedy recovery by Nancy and Larry Pleet.
In memory of Ruby Litwin by Nancy, Larry and Evan Pleet.
In memory of Ben (Berchik) Greenberg by Nancy and Larry Pleet.
In memory of Israel Kardish by Larry and Nancy Pleet.
Best wishes to Horace Philipp on his special birthday by Nancy and Larry Pleet.

BENJAMIN AND BESSIE POLOWIN MEMORIAL FUND

Wishing Dave Polowin a r'tuah sh'lemah by Anne Polowin.
Wishing Manny Grill a happy birthday by Helen and Gerry Polowin and family.
Wishing Manny and Freda Grill a happy birthday by Malca and Chuck Polowin.

DAVE AND BETTY POLOWIN FUND

Wishing Dave Polowin a r'tuah sh'lemah by Rose and Chick Taylor.

NORMAN AND EVELYN POTECHIN FUND

In memory of Ruby Litwin by Evelyn and Norman Potechin.
Mazal Tov to Dariah and Nathan Potechin on their wedding anniversary by aunt Evelyn and uncle Norman Potechin.
Mazal Tov to Laurie Gordon on her birthday by aunt Evelyn and uncle Norman Potechin.
Mazal Tov to Agnes Potechin on her birthday by aunt Evelyn and uncle Norman Potechin.
Mazal Tov to Sharmar Potechin on her birthday by aunt Evelyn and uncle Norman Potechin.

DAVID AND FREDA RADNOFF FUND

Best wishes to Freda Radnoff on her special birthday by Morton and Sheila Baslaw and family; by Ruth Greenberg; by Sylvia and John Marlow; and by Rhoda and Stan Hook and family.

GOLDIE AND ALBERT RIVERS FUND

Mazal Tov to Goldie and Morris Cantor on the birth of their great-granddaughter Melra by Goldie and Albert Rivers.

HERMAN AND ZELDA RODDMAN FUND

In memory of Avri Bright by Zelda and Herman Roodman.
Best wishes to Hy Roodman on his special birthday by Zelda and Herman Roodman.
Wishing Morris and Lil Lang a happy 50th wedding anniversary by Zelda and Herman Roodman; and by Penny Bar-Noy.

SAMUEL AND RUTH RODTMAN MEMORIAL FUND

In memory of Avri Bright by Sheldon and Corinne Taylor.
In observance of the Yahrzeit of a dear husband, father and grandfather Alex Rothman by Frances Rothman and family.

HELEN AND ROY SAPE FUND

Mazal Tov to Helen Sape on the engagement of her granddaughter Audrey Goldstein to Jake Levant by Eileen Goldstein.

HARRY AND FRANCES SAXE FUND

Congratulations to my grandson Gary Goldfield on obtaining his PhD by Frances Saxe.
In observance of the Yahrzeit of a dear father and grandfather Max Climan by Frances Saxe and family.
In observance of the Yahrzeit of my dear brothers Saul and David Climan by Frances Saxe and family.
In observance of the Yahrzeit of a dear sister Sayde Kominsky by Frances Saxe.

OR, NATHAN AND TESSE SCHECHTER FUND

In observance of the Yahrzeit of a dear sister Rebecca Gelman by Ann Schechter.
In observance of the Yahrzeit of a dear sister Sadie Cohn by Ann Schechter.
In observance of the Yahrzeit of a dear father Lazar Schechter by Ann Schechter.

LAYA AND SOL SHABINSKY FAMILY FUND

In memory of Cy Sherman by Dorothy and Herb Nadolny; and by Ellen and Ron Chemey.

MAURICE AND GOLDIE SHABINSKY MEMORIAL FUND

In memory of Cy Sherman by Gloria and Barry Trainoff and family; and by Joany and Andy Katz and family.
In memory of a dear aunt Ann Shabinsky by Gloria and Barry Trainoff and family.

ARNOLD SHINDER SCHOLARSHIP FUND

Best wishes to Adele Shinder on her special birthday by Gordon and Shirley Pape; and by Dorothy and Herb Nadolny.

HARRY AND SYLVIA SHINDER MEMORIAL FUND

Wishing Hy Stoller a r'tuah sh'lemah by Ethel and David Malek.
In memory of Sam Nadolny by Ethel and David Malek.
In memory of Avri Bright by Ethel and David Malek.
In memory of Ruby Litwin by Ethel and David Malek.
Mazal Tov to Barbara and Gerry Thaw on the engagement of their daughter Susan to Joel Greenberg by Ethel and David Malek.

LIONEL AND LESLIE SHINDER MEMORIAL FUND

In memory of Israel Kardish by Reesa Shinder.

SOL AND ZELAINA SHINDER FUND

In memory of Cy Sherman by Zelaine and Sol Shinder.
Mazal Tov to Stan and Roz Labow on the birth of their granddaughter by Zelaine and Sol Shinder.

HAROLD AND LILLIAN SHOIHET MEMORIAL FUND

In observance of the Yahrzeit of Norman Shoihet, 21st of Cheshvan by Lillian, Stephen and Joel and sister Rosaline Adelberg.
In memory of Sam Nadolny by Lillian Shoihet and family.
In memory of Israel Kardish by Lillian Shoihet and family.

ISRAEL AND REBECCA SHORE MEMORIAL FUND

Birthday wishes to Hy Soloway by Leonard Shore and Jane Mirsky.

ELAINE AND IRVING SINGER FUND

Mazal Tov to Elaine and Irv Singer on receiving the Elaine Rabin Social Service Award by Phyllis and Alan Rackow.

STELLA AND LUDIS SLACK MEMORIAL FUND

In memory of Sam Nadolny by Myra and Lester Aronson.
In memory of Israel Kardish by Myra, Lester, Jennifer, Donna, Gregory and Jordan Aronson.

MOE AND CHARLOTTE SLACK FUND

Wishing Lil and Morris Lang a happy 50th wedding anniversary by Charlotte Slack.

SLIPACOFF FAMILY FUND

In memory of Sam Nadolny by David and Barbara Slipacoff, Monica, Sharon, Ian and Avi.
Mazal Tov to Yvonne and Yehuda Azuelos on the birth of their granddaughter by David and Barbara Slipacoff, Monica, Sharon, Ian and Avi.
Mazal Tov to Kayla and Alvin Mallay on their 40th wedding anniversary by Barbara and David Slipacoff.
Mazal Tov to Freda Radnoff on her special birthday by David and Barbara Slipacoff, Monica, Sharon, Ian and Avi.

JACK AND LINDA SMITH FUND

In observance of the Yahrzeit of a dearly beloved mother Inez Smith by Leslie, Maureen, Aaron and Mischa Smith.
Wishing our dear father Jack Smith continued good health by Leslie, Maureen, Aaron and Mischa Smith.
Mazal Tov to Geni and Syd Goldstein on the engagement of their daughter Audrey by Sue and Phil Bronshten, by Moshe and Carol Smith; and by Jack and Linda Smith.

RUTH AND HYMAN SLOWWAY FAMILY FUND

Best wishes to Freda Radnoff on her special birthday by Hy and Ruth Slowway.

LAURA AND GORDON SPERGER FUND

In memory of Sam Nadolny by Laura and Gordon Sperger.
Mazal Tov to Morris and Goldie Cantor on the birth of their great-granddaughter by Laura and Gordon Sperger.

BEATRICE AND NORMAN STEIN FUND

In memory of Israel Kardish by Beatrice Stein and family.

MENDEL, ANNIE, JACK, LIBBY AND ABE STEINBERG MEMORIAL FUND

In memory of Ruby Litwin by Mr. and Mrs. Louis Kevansstein.

BOBBY STEINBERG MEMORIAL FUND

In memory of Sam Nadolny by Lee Steinberg.

LOUIS AND LEAH STEINBERG MEMORIAL FUND

In memory of Ruby Litwin by Estelle and John Liberman; by Irwin and Audrey Kreisman and family; and by Sally and Elliott Levitan.

LEAH, FREDA AND HENRY STEINMAN FUND

Best wishes to Lil and Morris Lang on their 50th wedding anniversary by Freda and Leah Steinman.

FREDA AND PHIL SWEOKO MEMORIAL FUND

In memory of Sam Nadolny by Beverly and Irving Swedko.

CASEY AND BESS SWEDLOVE FUND

In memory of Esau Kavanat by Bess and Casey Swedlove.

JAY B. TALLER MEMORIAL FUND

In memory of Israel Kardish by Sally and Morton Teller.

SAMUEL AND ANNE TALLER FUND

In memory of Sam Nadolny by End and Jeff Gould and family.
Wishing Elizabeth Rubin a speedy recovery by Marilyn Waserman.

Best wishes to Sydney Rabinovitch on his special birthday by Anne Teller.

RUTH TALLER MEMORIAL FUND

In memory of Sam Nadolny by Mendy, Jason and Natalie Teller.
In memory of Israel Kardish by Mendy, Jason and Natalie Teller.

SAUL AND FANNY TANNER MEMORIAL FUND

Wishing Stanley Arron a r'tuah sh'lemah by Linda and Stephen Weiner.
In memory of Mrs. Zussman's brother by Linda and Stephen Weiner.

CHARLES AND RAE TAVEL MEMORIAL FUND

Best wishes to Horace Philipp on his special birthday by Millie and Percy Weinstein; by Phyllis and Bill Leith; and by

Continued on page 27

Ottawa Jewish Community Foundation Announcements

Please note that:

• Due to technical difficulties with the Foundation's computers, some donations may not have been announced in this or previous Bulletins. Please accept our apologies and let us know if your contribution is missing so that we may correct it in a subsequent issue.

• We have moved to the Joseph and Rose Ages Family Building at 1780 Kerr Avenue.

• Our new phone number is: 798-4696. For immediate access to the Foundation office press 3. For direct access to Executive Director Gordon Roston, dial extension 272; Kayla Mallay's extension is 274. We have voice mail so please leave a message.

• Our new fax number is: 798-4695.

• Our new e-mail address is: ojcf@jccottawa.com.

DONATIONS

Ricki and Barry Baker and family.

CHARLES AND ROSE TAYLOR FUND

In memory of Minnie Pass by Rose and Chick Taylor.

ETHEL AND IRVING TAYLOR FUND

Best wishes to Hy Celol for a r'luah sh'lemah by Ethel and Irving Taylor.

Mazal Tov to Rhona and Len Cogan on the marriage of their son by Ethel and Irving Taylor.

Wishing Anne Polowin a r'luah sh'lemah by Ethel and Irving Taylor.

Wishing Betty and Dave Polowin a r'luah sh'lemah by Ethel and Irving Taylor.

In memory of Avri Bright by Ethel and Irving Taylor; and by Brent, Risa and Shira Taylor.

In memory of Sam Nadolny by Ethel and Irving Taylor; and by Brent, Risa and Shira Taylor.

In memory of Minnie Pass by Ethel and Irving Taylor.

Wishing Lorry Greenberg continued good health by Ethel and Irving Taylor.

Best wishes to Ben and Dorothy Greenberg on their wedding anniversary by Ethel and Irving Taylor.

Wishing Muriel Ginsberg a r'luah sh'lemah by Ethel and Irving Taylor.

In memory of Israel Kardish by Ethel and Irving Taylor.

Wishing Ellen Chemey a r'luah sh'lemah by Ethel and Irving Taylor.

Mazal Tov to Lillian and Mark Zunder on the birth of their grandson by Ethel and Irving Taylor.

SARA AND ZEEV VERED FUND

In memory of David Weinberg by Liz and Amie Vered and family; and by Sara and Zeev Vered.

In memory of Sam Nadolny by Liz and Amie Vered and family; and by Sara and Zeev Vered.

Best wishes to Hy Hynes on his special birthday by Liz and Amie Vered and family.

In memory of Toni Kirshner by Liz and Amie Vered and family.

In memory of Harry Leikin by Liz and Amie Vered and family.

Mazal Tov to Bess Greenberg on having Hillel Lodge named for the Bess and Moe Greenberg family by Sara and Zeev Vered.

In memory of Cy Sherman by Liz and Amie Vered.

STEPHEN AND GAIL VICTOR FUND

Wishing Lorry Greenberg continued good health by Gail and Stephen Victor.

In memory of Sam Nadolny by Gail and Stephen Victor.

In memory of Helen Weiss' mother by Gail and Stephen Victor.

Mazal Tov to Evelyn and Irving Greenberg on the marriage of their son Michael by Gail and Stephen Victor.

Mazal Tov to Roz and Stan Labow on the birth of their granddaughter by Gail and Stephen Victor and family.

RUTH AND JOE VINER FUND

In memory of Jack Sobcov by Joe and Ruth Viner.

In memory of Sam Nadolny by Joe and Ruth Viner.

In memory of Avri Bright by Joe and Ruth Viner.

In memory of Douglas Gold by Joe and Ruth Viner.

In memory of Myria Lavetan by Joe and Ruth Viner.

HAZE WAINBERG FAMILY FUND

In memory of Doreen Wainberg by Haze Wainberg and family.

In memory of Miriam Birbaum's mother by Haze Wainberg.

JOSEPH AND SONIA WEINSTEIN MEMORIAL FUND

Best wishes to Ellen Chemey for a speedy recovery by Larry and Yetta Aron.

Mazal Tov to Barbara and Gerry Thaw on the engagement of their daughter Susan to Joel Greenberg by Larry and Yetta Aron.

Mazal Tov to Phyllis and Ab Flatt on the birth of their granddaughter by Yetta and Larry Aron.

DIANE AND IRVING WEXLER FAMILY FUND

In memory of Israel Wexler by Sonny, Carol, Adam and Felicia Segal.

Congratulations to Dr. Raoul and Sandi Komgold on their wedding anniversary by Sonny, Carol, Adam and Felicia Segal.

Mazal Tov to Muriel and Michael Wexler on their wedding anniversary by Sonny, Carol, Adam and Felicia Segal.

HYMIE WHITZMAN MEMORIAL FUND

Wishing Ken Peach a r'luah sh'lemah by Fred, Judie,

David, Dean and Allison Ross.

In memory of Israel Kardish by Fred, Judie, David, Dean and Allison Ross.

SAM AND HELENE ZARET FUND

In memory of Joseph Handman by Helene Zaret.

Wishing Stanley Aron a r'luah sh'lemah by Helene Zaret.

CHAIM AND SELA ZARETSKY MEMORIAL FUND

Wishing Stanley Aron a r'luah sh'lemah by Sarah and Lou Satov.

SANDRA AND SAM ZUNDER FUND

In memory of Ben Wise by Sandra and Sam Zunder.

Best wishes to Is Shinder on his special birthday by Sandra and Sam Zunder.

Wishing Beatrice Stein a r'luah sh'lemah by Sandra and Sam Zunder.







Contributions may be made by phoning Kayla Mallay at 798-4696 extension 274, Monday to Friday anytime. We have voice mail.

Attractive cards are sent to convey the appropriate sentiments.







All donations are acknowledged with an official receipt for income tax purposes. We accept VISA and MasterCard.

JEWISH COMMUNITY CALENDAR

(Continued from page 28)

MONDAY, JANUARY 4	TUESDAY, JANUARY 5	WEDNESDAY, JANUARY 6	THURSDAY, JANUARY 7	FRIDAY, JANUARY 8	SATURDAY, JANUARY 9	SUNDAY, JANUARY 10
Soloway Jewish Community Centre Concert Band Practice, The Joseph and Rose Ages Family Building, 1780 Kerr Avenue, 7:30 p.m. Jewish Family Services/Soloway Jewish Community Centre, Golden Age Club, Fire Safety with Inspector Robert Manson, The Joseph and Rose Ages Family Building, 1780 Kerr Avenue, 1:00 p.m.				Ganon Pre-School, Shabbat Shalom Drop-In, The Joseph and Rose Ages Family Building, 1780 Kerr Avenue, 9:00 a.m. - 11:00 a.m. Tiny Treasures Shabbat for Tots Drop-In-Centre, 192 Switzer Avenue, 9:30-11:30 a.m.  CANDLELIGHTING BEFORE 4:19 PM		
MONDAY, JANUARY 11	TUESDAY, JANUARY 12	WEDNESDAY, JANUARY 13	THURSDAY, JANUARY 14	FRIDAY, JANUARY 15	SATURDAY, JANUARY 16	SUNDAY, JANUARY 17
Jewish Family Services/Soloway Jewish Community Centre, Golden Age Club, Luncheon and Bingo, The Joseph and Rose Ages Family Building, 1780 Kerr Avenue, 12:30 p.m. Soloway Jewish Community Centre Concert Band Practice, The Joseph and Rose Ages Family Building, 1780 Kerr Avenue, 7:30 p.m.		Akiva High School, Dedication of Art Work, Activity Gallery, The Joseph and Rose Ages Family Building, 1780 Kerr Avenue, 8:30 p.m.		Ganon Pre-School, Shabbat Shalom Drop-In, The Joseph and Rose Ages Family Building, 1780 Kerr Avenue, 9:00 a.m. - 11:00 a.m. Tiny Treasures Shabbat for Tots Drop-In-Centre, 192 Switzer Avenue, 9:30-11:30 a.m.  CANDLELIGHTING BEFORE 4:23 PM	 Israeli Evening, The Israeli Experience Centre, The Joseph and Rose Ages Family Building, 1780 Kerr Avenue, 7:00 p.m.	
MONDAY, JANUARY 18	TUESDAY, JANUARY 19	WEDNESDAY, JANUARY 20	THURSDAY, JANUARY 21	FRIDAY, JANUARY 22	SATURDAY, JANUARY 23	SUNDAY, JANUARY 24
Soloway Jewish Community Centre Concert Band Practice, The Joseph and Rose Ages Family Building, 1780 Kerr Avenue, 7:30 p.m. Jewish Family Services/Soloway Jewish Community Centre, Golden Age Club, The Joseph and Rose Ages Family Building, 1780 Kerr Avenue, 1:00 p.m.			 The Centre of Your Life Jewish Family Services/Soloway Jewish Community Centre, Adults for Lively Leisure, Luncheon, Lecture on Bone Medicine with Leah Smith, The Joseph and Rose Ages Family Building, 1780 Kerr Avenue, 12:00 noon.	Ganon Pre-School, Shabbat Shalom Drop-In, The Joseph and Rose Ages Family Building, 1780 Kerr Avenue, 9:00 a.m. - 11:00 a.m. Tiny Treasures Shabbat for Tots Drop-In-Centre, 192 Switzer Avenue, 9:30-11:30 a.m.  CANDLELIGHTING BEFORE 4:37 PM		Cable 22, 3:00 pm 

First Chanukah Light • Dec. 13**COMMUNITY CALENDAR**

MONDAY, DECEMBER 14	TUESDAY, DECEMBER 15	WEDNESDAY, DECEMBER 16	THURSDAY, DECEMBER 17	FRIDAY, DECEMBER 18	SATURDAY, DECEMBER 19	SUNDAY, DECEMBER 20
<p>Jewish Family Services/ Soloway Jewish Community Centre, Golden Age Club Meeting and Shlr-Am Chanukah Concert, The Joseph and Rose Ages Family Building, 1780 Kerr Avenue, 1:00 p.m.</p> <p>Soloway Jewish Community Centre Concert Band Practice, The Joseph and Rose Ages Family Building, 1780 Kerr Avenue, 7:30 p.m.</p>  <p>FIRST DAY OF CHANUKAH</p>	<p>Canada Israel Cultural Foundation Annual Chanukah Party, Sussex Party Room, 40 Boteler Street, 7:30 p.m.</p>		 <p>Jewish Family Services/ Soloway Jewish Community Centre, Adults for Lively Leisure Club, Luncheon, Lecture from Crimestoppers, The Joseph and Rose Ages Family Building, 1780 Kerr Avenue, 12:00 noon.</p>  <p><i>The Centre of Your Life</i></p>	<p>Ganon Pre-School, Shabbat Shalom Drop-In, The Joseph and Rose Ages Family Building, 1780 Kerr Avenue, 9:00-11:00 a.m.</p> <p>Tiny Treasures Shabbat for Tots Drop-in-Centre, 192 Switzer Avenue, 9:30-11:30 a.m.</p>  <p>CANDLELIGHTING BEFORE 4:03 PM</p>		<p>Emunah Women of Canada Chanukah Concert, The Joseph and Rose Ages Family Building, 1780 Kerr Avenue, 4:00 p.m.</p>
MONDAY, DECEMBER 21	TUESDAY, DECEMBER 22	WEDNESDAY, DECEMBER 23	THURSDAY, DECEMBER 24	FRIDAY, DECEMBER 25	SATURDAY, DECEMBER 26	SUNDAY, DECEMBER 27
<p>Winter Break Camp, The Joseph and Rose Ages Family Building, 1780 Kerr Avenue, all day.</p> <p>Soloway Jewish Community Centre Concert Band Practice, The Joseph and Rose Ages Family Building, 1780 Kerr Avenue, 7:30 p.m.</p> <p>EIGHTH DAY OF CHANUKAH</p>	<p>Winter Break Camp, The Joseph and Rose Ages Family Building, 1780 Kerr Avenue, all day.</p>	<p>Winter Break Camp, The Joseph and Rose Ages Family Building, 1780 Kerr Avenue, all day.</p>	<p>Winter Break Camp, The Joseph and Rose Ages Family Building, 1780 Kerr Avenue, all day.</p>	<p>Tiny Treasures Shabbat for Tots Drop-in-Centre, 192 Switzer Avenue, 9:30-11:30 a.m.</p>  <p>CANDLELIGHTING BEFORE 4:07 PM</p>		
MONDAY, DECEMBER 28	TUESDAY, DECEMBER 29	WEDNESDAY, DECEMBER 30	THURSDAY, DECEMBER 31	FRIDAY, JANUARY 1	SATURDAY, JANUARY 2	SUNDAY, JANUARY 3
<p>Soloway Jewish Community Centre Concert Band Practice, The Joseph and Rose Ages Family Building, 1780 Kerr Avenue, 7:30 p.m.</p>				<p>Tiny Treasures Shabbat for Tots Drop-in-Centre, 192 Switzer Avenue, 9:30-11:30 a.m.</p>  <p>CANDLELIGHTING BEFORE 4:12 PM</p>		<p>Bagels and Books, Ganon Pre-School, Storyteller - Joy Levine, The Joseph and Rose Ages Family Building, 1780 Kerr Avenue, 11:15 a.m.</p>

(Calendar continues on page 27)

This information is taken from the community calendar maintained by the Soloway Jewish Community Centre. Organizations which would like their events to be listed, no matter where they are to be held, should make sure they are recorded by Brenda Schafer, calendar co-ordinator at 798-9818 extension 265. We have voice mail. Accurate details must be provided.

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Condolences

Condolences are extended to the families of:

Henry Goldstein, New York (brother of Harry and Louis Goldstein)

Israel Kardish
Cy Sherman, Toronto (father of Dr. Jeff Sherman)

Pearl Zamilovicz, Montreal (mother of Miriam Birnbaum)

The CONDOLENCE COLUMN is offered as a public service to the community.
There is no charge.

For a listing in this column, please call Kayta Mallay • 798-4696, ext. 274
Voice mail is available.

May their memories be a blessing.

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